



## VII CARREIRA POPULAR NOVO MESOIRO MEMORIAL IVAN ROCHA FREIRE, A Coruña 05/11/2017

Prueba Absoluta. Distancia: 5.535 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Control	Licencia	Club	Localidad
1	38	PABLO BOCELO BELLAS		SNM- 1	00:18:14	00:03:18	00:18:14	00:03:18	00:10:28	GA 765890	ATLETISMO CORUÑA COMARCA	A CORUÑA
2	1	ANXO CASTRO VARELA		SNM- 2	00:18:23	00:03:20	00:18:23	00:03:20	00:10:40	AG2016310	MILER RUNNING CLUB	A CORUÑA
3	39	JORGE SIEIRA HERMIDA		SUB20M- 1	00:18:39	00:03:23	00:18:39	00:03:23	00:10:45		ATLETISMO CORUÑA COMARCA	A CORUÑA
4	37	ALVARO GOMEZ CARDESIN		SNM- 3	00:18:55	00:03:25	00:18:55	00:03:25	00:11:01		ATLETISMO CORUÑA COMARCA	A CORUÑA
5	77	ALVARO PRESEDO FRAGUÍO		SNM- 4	00:18:57	00:03:26	00:18:57	00:03:26	00:11:04		CLUB MARINEDA ATLETICO	A LARACHA
6	9	DAVID LANDEIRA CASTRO		VT1M- 1	00:19:13	00:03:29	00:19:13	00:03:29	00:11:04		AD.MEDIADUCIA BY TORSORE.ES	CARBALLO
7	135	JOSE SUAREZ LEIS		VT3M- 1	00:19:18	00:03:30	00:19:18	00:03:30	00:11:20	AG-766580	SAR-VERMU PETRONI	A BAÑA
8	333	JAVIER OUBIÑA ABUIN		VT1M- 2	00:19:21	00:03:30	00:19:21	00:03:30	00:11:05			A CORUÑA
9	694	MANUEL MEDIERO VEIRA		SNM- 5	00:19:24	00:03:31	00:19:24	00:03:31	00:11:21			A CORUÑA
10	479	NICOLAS GENS LÓPEZ		SUB20M- 2	00:19:27	00:03:31	00:19:27	00:03:31	00:11:05			A CORUÑA
11	12	NICOLAS FERNANDO BAS ROTH		SNM- 6	00:19:43	00:03:34	00:19:43	00:03:34	00:11:30		AGUADA ATLETISMO	LA CORUÑA
12	136	ANGEL MACEIRAS LAGO		VT2M- 1	00:19:51	00:03:36	00:19:51	00:03:36	00:11:34	AG2014771	SAR-VERMU PETRONI	O BURGO
13	414	HERNÁN EGUIGUREN SÁNCHEZ		SNM- 7	00:19:53	00:03:36	00:19:52	00:03:36	00:11:35			A CORUÑA
14	50	FERNANDO PEREZ HERNANDEZ		VT2M- 2	00:19:56	00:03:36	00:19:55	00:03:36	00:11:42	AG2019970	CLUB ATLETISMO CORUÑA COMARCA	A CORUÑA
15	126	RICARDO ALONSO FERNANDEZ		VT1M- 3	00:20:00	00:03:37	00:20:00	00:03:37	00:11:28		RUNNING ARTEIXO	VERÍN
16	426	ALBERTO MORIS VIEITES		SNM- 8	00:20:14	00:03:40	00:20:14	00:03:40	00:11:47			CAMBRE
17	390	PABLO SEOANE AMOR		SNM- 9	00:20:15	00:03:40	00:20:14	00:03:40	00:11:39			BETANZOS
18	36	ANDRÉS FLÓREZ PÉREZ		VT1M- 4	00:20:17	00:03:40	00:20:15	00:03:40	00:12:04		ATLETISMO CORUÑA COMARCA	PONFERRADA
19	343	XAQUIN BUGALLO DEL PUERTO		VT1M- 5	00:20:26	00:03:42	00:20:26	00:03:42	00:11:49			O BURGO
20	59	JOSE LUIS ROIBAS FERNANDEZ		VT2M- 3	00:20:27	00:03:42	00:20:26	00:03:42	00:11:52		CLUB ATLETISMO SADA	CAMBRE
21	340	MATEO TORRES NEIRA		VT1M- 6	00:20:28	00:03:42	00:20:27	00:03:42	00:11:58			A CORUÑA
22	219	PABLO LEMA		VT3M- 2	00:20:30	00:03:43	00:20:30	00:03:43	00:12:00			CULLEREDO
23	681	FERNANDO CASAS BELLO		SNM- 10	00:20:31	00:03:43	00:20:27	00:03:42	00:12:06			CERCEDA
24	85	JOSE MANUEL RODRIGUEZ MOURE		VT3M- 3	00:20:34	00:03:43	00:20:34	00:03:43	00:12:01	GA-19820	CORUÑA COMARCA	CULLEREDO
25	262	JOSE MANUEL PENA SUÁREZ		VT2M- 4	00:20:37	00:03:44	00:20:35	00:03:44	00:12:01			ARTEIXO
26	478	PABLO BARREIRA VARELA		SUB23M- 1	00:20:48	00:03:46	00:20:48	00:03:46	00:11:53	GA765369		MALPICA
27	128	JULIAN JOSE GESTO CAABEIRO		VT3M- 4	00:20:50	00:03:46	00:20:50	00:03:46	00:12:05		RUNNING OLEIROS	OLEIROS
28	116	DIEGO COLLAZO VARELA		SNM- 11	00:20:51	00:03:47	00:20:49	00:03:46	00:12:09		NOSPORTLIMIT	A CORVEIRA (CULLEREDO)
29	475	ALEJANDRO VÁZQUEZ GÓMEZ		SNM- 12	00:20:52	00:03:47	00:20:52	00:03:47	00:11:49			A CORUÑA
30	322	JOSE LOSADA PEREZ		VT1M- 7	00:20:53	00:03:47	00:20:50	00:03:46	00:12:08			A CORUÑA
31	610	ALBERTO CASTEDO PERNAS		SNM- 13	00:20:55	00:03:47	00:20:51	00:03:46	00:12:09		CLUB MARINEDA ATLETICO	A CORUÑA
32	611	ALEJANDRO FIEL BAÑA		SUB20M- 3	00:21:02	00:03:48	00:20:59	00:03:48	00:12:07		CLUB MARINEDA ATLETICO	A CORUÑA
33	143	CARLOS ALBERTO GRACIA FERNÁNDEZ		VT1M- 8	00:21:05	00:03:49	00:21:03	00:03:49	00:12:09		TERMARIA RUNNING	A CORUÑA
34	300	RAMON EUGENIO MOSQUERA SILVA		VT2M- 5	00:21:08	00:03:49	00:21:06	00:03:49	00:12:08			LA CORUÑA
35	380	GABRIEL PIZARRO VARELA		VT1M- 9	00:21:10	00:03:50	00:21:09	00:03:50	00:12:10			A CORUÑA
36	212	ALFONSO GARCÍA BELLO		VT3M- 5	00:21:11	00:03:50	00:21:10	00:03:50	00:12:15			CAMBRE
37	439	MIGUEL BUDIÑO VÁZQUEZ		SNM- 14	00:21:12	00:03:50	00:21:08	00:03:49	00:12:12			A CORUÑA
38	455	FERNANDO JOSE VARELA CASTRO		SNM- 15	00:21:14	00:03:51	00:21:14	00:03:50	00:12:11			A CORUÑA
39	84	ALEXANDRE RODRIGUEZ PAZ		VT1M- 10	00:21:18	00:03:51	00:21:18	00:03:51	00:11:49		CLUB TRIATLON MORRAZO	CULLEREDO
40	396	JOSÉ JUAN DURAN BRAÑAS		SNM- 16	00:21:23	00:03:52	00:21:16	00:03:51	00:12:33			A CORUÑA
41	76	REMIGIO RIOBOO GUTIERREZ		VT2M- 6	00:21:25	00:03:52	00:21:23	00:03:52	00:12:13		CLUB MARINEDA ATLETICO	A CORUÑA
42	257	BYRON REINO		VT2M- 7	00:21:26	00:03:53	00:21:25	00:03:53	00:12:38			A CORUÑA
43	40	JOSÉ MANUEL GUERRERO CASTILLO		VT2M- 8	00:21:27	00:03:53	00:21:21	00:03:52	00:12:30		ATLETISMO NOVO MESOIRO - A CORUÑA	A CORUÑA
44	927	JORGE SABIO FIDALGO		SNM- 17	00:21:28	00:03:53	00:21:26	00:03:53	00:12:17			CAMBRE

45	195 MIGUEL DIAZ CARBALLO		VT3M- 6	00:21:28	00:03:53	00:21:26	00:03:53	00:12:34			BETANZOS
46	62 ROBERTO GARCÍA PAZOS		SNM- 18	00:21:28	00:03:53	00:21:27	00:03:53	00:12:24	AG 2018439	CLUB ATLETISMO SADA	SADA
47	773 ALEJANDRO FERNÁNDEZ RAMOS		VT1M- 11	00:21:29	00:03:53	00:21:28	00:03:53	00:12:23		NOSPORTLIMIT	A CORUÑA
48	70 ALVARO LOPEZ JACOME		VT2M- 9	00:21:30	00:03:53	00:21:27	00:03:53	00:12:28		CLUB HERCULES TERMARIA	A CORUÑA
49	690 DARIO FERREIROS TAJES		SNM- 19	00:21:32	00:03:54	00:21:24	00:03:52	00:12:46			A CORUÑA
50	309 FERNANDO VAZQUEZ ARES		VT2M- 10	00:21:36	00:03:54	00:21:33	00:03:54	00:12:28			CAMBRE
51	256 JUAN CARLOS DIÉGUEZ TEJEIRO		VT2M- 11	00:21:38	00:03:55	00:21:36	00:03:55	00:12:35			CAMBRE
52	696 FRANCISCO JAVIER PÉREZ CLUTARÓ		SNM- 20	00:21:38	00:03:55	00:21:31	00:03:54	00:12:37			ARTEIXI
53	438 JORGE MARTÍNEZ GÓMEZ		SNM- 21	00:21:39	00:03:55	00:21:34	00:03:54	00:12:43			A CORUÑA
54	921 RAUL BARBEITO GESTAL		VT1M- 12	00:21:41	00:03:55	00:21:39	00:03:55	00:12:40			MEICENDE
55	387 JUAN CARLOS CASTRO FERNANDEZ		VT1M- 13	00:21:42	00:03:56	00:21:39	00:03:55	00:12:40			OLEIROS
56	621 MIGUEL MEDIERO VEIRA		SNM- 22	00:21:42	00:03:56	00:21:29	00:03:53	00:12:51		SOCIEDAD DEPORTIVA LAS JUBIAS	A CORUÑA
57	108 ANTONIO BAAMONDE SANDE		VT2M- 12	00:21:43	00:03:56	00:21:40	00:03:55	00:12:43		NOSPORTLIMIT	A CORUÑA
58	772 IVÁN VARELA BARREIRO		VT2M- 13	00:21:44	00:03:56	00:21:42	00:03:56	00:12:45		ATLATAS ACEA DE AMA	CULLEREDO
59	22 FRANCISCO JAVIER CORREA PIÑEIRO		VT3M- 7	00:21:45	00:03:56	00:21:43	00:03:56	00:12:50	AG-2018913	ATLETAS DE ACEA DE AMA	VILABOA-CULLEREDO
60	49 IVAN SEGADÉ CAROU		VT1M- 14	00:21:46	00:03:56	00:21:45	00:03:56	00:12:26	AG-766602	CLUB ATLETISMO BOIMORTO	A CORUÑA
61	499 LUISA GONZALEZ SOMOZA	F- 1	SNF- 1	00:21:47	00:03:57	00:21:47	00:03:57	00:12:47		CLUBE HORTICELOS AVENTURA	BÓVEDA
62	377 JAVIER ALONSO REY		VT1M- 15	00:21:47	00:03:57	00:21:45	00:03:56	00:12:41			A CORUÑA
63	665 MARIO PARDO REY		VT1M- 16	00:21:49	00:03:57	00:21:49	00:03:57	00:12:36			CARBALLO
64	75 RAFAEL SUAREZ FERNANDEZ		VT2M- 14	00:21:51	00:03:57	00:21:48	00:03:57	00:12:42	AG763630	CLUB MARINEDA ATLETICO	A CORUÑA
65	60 ANTONIO ILLOBRE JIMENEZ		VT2M- 15	00:21:51	00:03:57	00:21:50	00:03:57	00:12:40		CLUB ATLETISMO SADA	SADA
66	74 JAVIER VILLAMISAR VÁZQUEZ		SNM- 23	00:21:52	00:03:57	00:21:51	00:03:57	00:12:43		CLUB HÉRCULES TERMARIA	A CORUÑA
67	432 JOAQUIN PANTIN CADILLA		SNM- 24	00:21:53	00:03:58	00:21:51	00:03:57	00:12:39			PASTORIZA
68	638 GABRIEL CRESPO NAYA		VT2M- 16	00:21:58	00:03:58	00:21:56	00:03:58	00:12:42			CAMBRE
69	69 ANIBAL BARCA ESPAÑA		VT1M- 17	00:21:58	00:03:59	00:21:54	00:03:58	00:13:00	AG2022592	CLUB DEPORTIVO OS MUDITOS	CORISTANCO
70	290 STOIL NIKOLOV NIKOLOV		VT2M- 17	00:21:58	00:03:59	00:21:57	00:03:58	00:12:51	NO		A CORUÑA
71	56 JUAN GALÁN PRESAS		VT2M- 18	00:22:00	00:03:59	00:21:56	00:03:58	00:12:57		CLUB ATLETISMO SADA	A CORUÑA
72	771 JOSE MANUEL LESTON FERNANDEZ		SNM- 25	00:22:02	00:03:59	00:21:54	00:03:58	00:13:04			LOURO MUROS
73	157 MANUEL VÁZQUEZ RAMOS		VT2M- 19	00:22:05	00:04:00	00:22:01	00:03:59	00:12:42		VERXEL NUTRICIÓN DEPORTIVA	ARANGA
74	314 RICARDO GARCÍA GESTAL		VT1M- 18	00:22:06	00:04:00	00:22:05	00:04:00	00:12:27			A CORUÑA
75	440 JORGE POUZO TOJA		SNM- 26	00:22:06	00:04:00	00:22:02	00:03:59	00:12:50			VIMIANZO
76	142 MANUEL PUENTE VEIGA		VT2M- 20	00:22:14	00:04:01	00:22:12	00:04:01	00:12:52		SOLORUNNERS CORUÑA	A CORUÑA
77	153 SANTIAGO GARCIA BELLO		VT3M- 8	00:22:15	00:04:02	00:22:13	00:04:01	00:12:50		TRASNOS CORUÑA	CAMBRE
78	656 DIEGO MARIÑO SÁNCHEZ		VT1M- 19	00:22:15	00:04:02	00:22:02	00:03:59	00:13:02			A CORUÑA
79	98 ENRIQUE LAGO NEIRA		VT1M- 20	00:22:16	00:04:02	00:22:14	00:04:01	00:12:54		MARRANERS	A CORUÑA
80	319 JOSÉ MANUEL CASÁS CASÁS		VT1M- 21	00:22:17	00:04:02	00:22:12	00:04:01	00:12:57			A CORUÑA
81	488 UXIA GARCIA DIAZ	F- 2	SNF- 2	00:22:18	00:04:02	00:22:18	00:04:02	00:12:52		ATLETISMO RIAZOR CORUÑA	A CORUÑA
82	445 BORJA LASTRES		SNM- 27	00:22:18	00:04:02	00:22:16	00:04:02	00:12:57			DORNEDA OLEIROS
83	96 DANIEL LÓPEZ GARCÍA		SNM- 28	00:22:19	00:04:02	00:22:14	00:04:01	00:13:06	53192010W	KURAI	PERILLO
84	421 GERMAN GARCIA AMEIJIDE		SNM- 29	00:22:23	00:04:03	00:22:19	00:04:02	00:13:00			A CORUÑA
85	310 JOSÉ ANTONIO GARCÍA MÉNDEZ		VT2M- 21	00:22:24	00:04:03	00:22:22	00:04:03	00:12:53			A CORUÑA
86	462 CARLOS CANEDA PRIETO		SNM- 30	00:22:25	00:04:03	00:22:25	00:04:03	00:12:57			A CORUÑA
87	133 FRANCISCO JAVIER GONZÁLEZ LEDO		VT2M- 22	00:22:26	00:04:04	00:22:25	00:04:03	00:12:58		RUNNING OLEIROS	CULLEREDO
88	669 BRAULIO GARCIA PAZOS		SNM- 31	00:22:27	00:04:04	00:22:25	00:04:03	00:13:08			SADA
89	82 JAIME CARRODEGUAS MARTÍNEZ		VT3M- 9	00:22:28	00:04:04	00:22:25	00:04:03	00:13:06		CLUB TRIATLON CORUÑA	A CORUÑA
90	129 JUAN CARLOS BERGONDO BRANDARIZ		VT3M- 10	00:22:29	00:04:04	00:22:25	00:04:03	00:13:11		RUNNING OLEIROS	NOS (OLEIROS)
91	159 ERIC VILLAR VIDAL		SUB23M- 2	00:22:33	00:04:05	00:22:16	00:04:02	00:13:15		VERXEL NUTRICIÓN DEPORTIVA	A CORUÑA
92	57 CARLOS AMOR GOMEZ		VT2M- 23	00:22:34	00:04:05	00:22:31	00:04:05	00:12:58		CLUB ATLETISMO SADA	A CORUÑA

93	493	TERESA CASTRO VILLAVERDE	F- 3	VT2F- 1	00:22:35	00:04:05	00:22:22	00:04:03	00:13:15		CLUB ATLETISMO NOIA	VIMIANZO
94	147	JAVIER NOVO BUJEIRO		VT1M- 22	00:22:35	00:04:05	00:22:21	00:04:03	00:13:14		TERRA DE SONEIRA C.D.	VIMIANZO
95	606	EUGENIO LAMAS MOSTEIRO		VT1M- 23	00:22:36	00:04:05	00:22:30	00:04:04	00:13:09		AVE FÉNIX	A CORUÑA
96	245	TOMÁS GARCÍA GALLEGO		VT2M- 24	00:22:38	00:04:06	00:22:31	00:04:05	00:13:14			A CORUÑA
97	267	VÍCTOR MANUEL FRANCOS VÁZQUEZ		VT2M- 25	00:22:39	00:04:06	00:22:35	00:04:05	00:13:04			A CORUÑA
98	89	SERGIO SANTOS CONCHEIRO		SNM- 32	00:22:39	00:04:06	00:22:39	00:04:06	00:13:01		EQUIPO MANS	A CORUÑA
99	382	JACOBO PONLLA ENCINAS		VT1M- 24	00:22:39	00:04:06	00:22:38	00:04:06	00:13:11			A CORUÑA
100	405	ALEJANDRO RECOUSO SIERRA		SNM- 33	00:22:41	00:04:06	00:22:36	00:04:05	00:13:12			CAMBRE
101	156	RAMÓN VILLAR RUIBAL		VT3M- 11	00:22:42	00:04:07	00:22:29	00:04:04	00:13:19	GA766004	VERXEL NUTRICIÓN DEPORTIVA	A CORUÑA
102	58	JUAN CARLOS BARDANCA SANJURJO		VT2M- 26	00:22:43	00:04:07	00:22:40	00:04:06	00:13:05	AG2014300	CLUB ATLETISMO SADA	BERGONDO
103	392	JAVIER RODRIGUEZ PARIS		SNM- 34	00:22:44	00:04:07	00:22:34	00:04:05	00:13:10			VILAMARTIN DE VALDEORRAS
104	3	RAQUEL VÁZQUEZ	F- 4	SNF- 3	00:22:44	00:04:07	00:22:44	00:04:07	00:13:06	AG 2022007	CLUB ATLETISMO SADA	BETANZOS
105	16	FRANCISCO SOTO GARCÍA		VT4M- 1	00:22:51	00:04:08	00:22:47	00:04:07	00:13:18		AMIG@S DE SAN DIEGO	A CORUÑA
106	52	MANUEL BOUZAS ESPASANDIN		VT1M- 25	00:22:54	00:04:09	00:22:50	00:04:08	00:13:22	AG2017860	CLUB ATLETISMO RIAZOR CORUÑA	A CORUÑA
107	72	ALBERTO PÉREZ MURADO		VT1M- 26	00:22:55	00:04:09	00:22:54	00:04:09	00:13:22		CLUB HÉRCULES TERMARIA	A CORUÑA
108	248	JAVIER CUPEIRO FRADE		VT2M- 27	00:22:57	00:04:09	00:22:43	00:04:07	00:13:35			A CORUÑA
109	214	RAMON LOPEZ ROMAN		VT3M- 12	00:22:58	00:04:09	00:22:54	00:04:09	00:13:23			A CORUÑA
110	399	ROBERTO REY LÓPEZ		SNM- 35	00:23:00	00:04:10	00:22:56	00:04:09	00:13:30			A CORUÑA
111	271	JUAN JOSÉ GÓMEZ CORTÉS		VT2M- 28	00:23:01	00:04:10	00:22:57	00:04:09	00:13:41			OLEIROS
112	620	SANTIAGO MANUEL GEY SEGADE		SNM- 36	00:23:02	00:04:10	00:22:58	00:04:09	00:13:44		S.D. BARBANTIA RODA	BOIRO
113	304	JORGE PAZ AMADO		VT2M- 29	00:23:04	00:04:10	00:22:55	00:04:09	00:13:32			A CORUÑA
114	437	ALEXANDRE FIDALGO PÉREZ		SNM- 37	00:23:07	00:04:11	00:23:00	00:04:10	00:13:40			PIXEIROS
115	658	MANUEL CARREIRA		VT1M- 27	00:23:09	00:04:11	00:23:04	00:04:10	00:13:28			A CORUÑA
116	26	SIMON LOPEZ EIROA		VT2M- 30	00:23:10	00:04:12	00:23:02	00:04:10	00:14:08		ATLETAS DE ACEA DE AMA	PERILLO OLEIROS
117	51	ÓSCAR FIGUEIRAS TOREA		VT2M- 31	00:23:11	00:04:12	00:23:08	00:04:11	00:13:23		CLUB ATLETISMO OUTES JOHN TURKEY	ESTEIRO
118	270	PABLO RODRIGUEZ ALVAREZ		VT2M- 32	00:23:12	00:04:12	00:23:03	00:04:10	00:13:41			SADA
119	703	NATALIA GARCIA SANCHEZ	F- 5	VT1F- 1	00:23:13	00:04:12	00:23:12	00:04:12	00:13:25		CLUB ATLETISMO SADA	SADA
120	41	JOSE VARELA VERDES		VT1M- 28	00:23:14	00:04:12	00:23:11	00:04:12	00:13:35		BEER RUNNERS CORUÑA	A CORUÑA
121	318	IBÁN MARIÑO VILLAR		VT1M- 29	00:23:17	00:04:13	00:23:11	00:04:12	00:13:24			A CORUÑA
122	941	OMAR VIDAL PÉREZ		SNM- 38	00:23:18	00:04:13	00:23:03	00:04:10	00:13:38			O BARCO DE VALDEORRAS
123	67	EDELMIRO PORTO BLANCO		VT1M- 30	00:23:20	00:04:13	00:23:07	00:04:11	00:13:39	CICLOTURISTA	CLUB CICLISTA MESOIRO - RUNNING	A CORUÑA
124	433	SUSIÑO RODRÍGUEZ FERNÁNDEZ		SNM- 39	00:23:21	00:04:13	00:23:03	00:04:10	00:13:46			CEE
125	249	JOSE ANGEL MARTINEZ ABAD		VT2M- 33	00:23:22	00:04:14	00:23:12	00:04:12	00:13:34			A CORUÑA
126	428	DANIEL PENAS LÓPEZ		SNM- 40	00:23:23	00:04:14	00:23:18	00:04:13	00:13:39			A CORUÑA
127	182	PABLO GONZALEZ GONZALEZ		VT3M- 13	00:23:25	00:04:14	00:23:21	00:04:13	00:13:43			A CORUÑA
128	415	JOSÉ LUIS ÁLVAREZ RODRÍGUEZ		SNM- 41	00:23:26	00:04:14	00:23:21	00:04:14	00:13:43			VIGO
129	691	JESÚS GARCÍA VÁZQUEZ		SNM- 42	00:23:30	00:04:15	00:23:02	00:04:10	00:13:59			A CORUÑA
130	470	GONZALO PEREIRO BOQUETE		SNM- 43	00:23:31	00:04:15	00:23:20	00:04:13	00:14:05			A CORUÑA
131	235	JOSÉ MANUEL MOSQUERA SANTÉ		VT2M- 34	00:23:32	00:04:16	00:23:29	00:04:15	00:13:43			CAMBRE
132	946	ANGELA TORRENTE INSUA	F- 6	VT1F- 2	00:23:36	00:04:16	00:23:35	00:04:16	00:13:41		KIRÓS	NARÓN
133	260	JUAN CARLOS MEJUTO SEOANE		VT2M- 35	00:23:37	00:04:16	00:23:27	00:04:15	00:13:56			A CORUÑA
134	458	DANIEL SUSO SÁNCHEZ		SNM- 44	00:23:39	00:04:17	00:23:34	00:04:16	00:13:55			A CORUÑA
135	457	DANIEL POSE GARCÍA		SNM- 45	00:23:40	00:04:17	00:23:35	00:04:16	00:13:55			CAMBRE
136	186	JESÚS VAAMONDE RÚA		VT3M- 14	00:23:47	00:04:18	00:23:44	00:04:18	00:13:46			LA CORUÑA
137	369	PABLO RIVAS OLIVEIRA		VT1M- 31	00:23:47	00:04:18	00:23:46	00:04:18	00:13:37			CULLEREDO
138	943	DIEGO CALVECHE		SNM- 46	00:23:50	00:04:19	00:23:42	00:04:17	00:14:00			BURELA
139	937	IVÁN GINER GARCÍA		SNM- 47	00:23:51	00:04:19	00:23:16	00:04:13	00:14:01			A CORUÑA
140	371	FERNANDO LEAL IRIMIA		VT1M- 32	00:23:51	00:04:19	00:23:46	00:04:18	00:13:56			MESOIRO

141	175	JESUS ANGEL SANTIUSTE INSUA	VT3M- 15	00:23:52	00:04:19	00:23:43	00:04:18	00:13:48		LA CORUÑA
142	192	JUAN ANTONIO RIVAS ROMERO	VT3M- 16	00:23:52	00:04:19	00:23:43	00:04:18	00:14:07		A CORUÑA
143	251	GIOVANNI QUINTANS MELENDEZ	VT2M- 36	00:23:53	00:04:19	00:23:42	00:04:17	00:14:08		LA CORUNA
144	198	RAMON MIGUEL GARCIA BARBA	VT3M- 17	00:23:54	00:04:19	00:23:49	00:04:19	00:13:57		LA CORUÑA
145	115	ADRIÁN COLLAZO VARELA	SNM- 48	00:23:54	00:04:19	00:23:49	00:04:19	00:14:05	NOSPORTLIMIT	CULLEREDO
146	607	MARCOS MATA MARZOA	SNM- 49	00:23:54	00:04:19	00:23:47	00:04:18	00:13:50	AVE FÉNIX	A CORUÑA
147	609	RUBEN MENÉNDEZ FERNÁNDEZ	VT2M- 37	00:23:55	00:04:20	00:23:50	00:04:19	00:14:02	CLUB DEPORTIVO GAS NATURAL FENOSA	A CORUÑA
148	775	PEDRO PRADA RODRÍGUEZ	VT2M- 38	00:23:56	00:04:20	00:23:51	00:04:19	00:13:54	AFICIONADO	O BURGO
149	111	MARCOS GARCIA GARCIA	VT2M- 39	00:23:58	00:04:20	00:23:52	00:04:19	00:13:54	NOSPORTLIMIT	EL TEMPLE CAMBRE
150	604	ANDRÉS RODRÍGUEZ RODRÍGUEZ	SUB23M- 3	00:23:59	00:04:20	00:23:54	00:04:19	00:14:12	ATLETISMO RIAZOR CORUÑA	A CORUÑA
151	942	ISMAEL POSE RODRÍGUEZ	SNM- 50	00:24:00	00:04:21	00:24:00	00:04:21	00:13:42		CABANA DE BERGANTIÑOS
152	145	ANTONIO RAMOS VÁZQUEZ	SUB20M- 4	00:24:01	00:04:21	00:23:56	00:04:20	00:13:51	TERMARIA RUNNING	A CORUÑA
153	87	RUBEN MARTINEZ DEL RIO	VT2M- 40	00:24:02	00:04:21	00:23:57	00:04:20	00:14:04	DREAM TEAM	O TEMPLE - CAMBRE
154	363	ROBERTO DOCAMPO SUÁREZ	VT1M- 33	00:24:03	00:04:21	00:23:53	00:04:19	00:14:04		A CORUÑA
155	266	JORGE BLANCO FERNANDEZ	VT2M- 41	00:24:03	00:04:21	00:23:58	00:04:20	00:14:05		A CORUÑA
156	97	MIGUEL ANGEL VÁZQUEZ GONZALEZ	VT1M- 34	00:24:04	00:04:21	00:24:01	00:04:21	00:13:47	LA MOCHILA DEL DEPORTE	A CORUÑA
157	48	XESUS MANUEL SEGADE CAROU	VT2M- 42	00:24:05	00:04:22	00:24:04	00:04:21	00:14:04	CLUB ATLETISMO BOIMORTO	A CORUÑA
158	312	ISIDRO SANCHEZ GONZALEZ	VT1M- 35	00:24:06	00:04:22	00:23:55	00:04:20	00:13:58		MESOIRO
159	468	MARTÍN BARBEITO	SNM- 51	00:24:08	00:04:22	00:24:06	00:04:22	00:14:06		A CORUÑA
160	283	JAIME LÓPEZ CAINZOS	VT2M- 43	00:24:09	00:04:22	00:24:00	00:04:21	00:14:05		A CORUÑA
161	93	FRANCISCO JAVIER VILLAMISAR CALVIÑO	VT3M- 18	00:24:11	00:04:23	00:24:03	00:04:21	00:14:07	HERCULES TERMARIA	LA CORUÑA
162	452	DAVID VIDAL LAGARES	SNM- 52	00:24:13	00:04:23	00:23:35	00:04:16	00:15:10		A CORUÑA
163	150	FERNANDO JOSE DE ALMEIDA REY	VT1M- 36	00:24:14	00:04:23	00:24:02	00:04:21	00:14:18	TRAN-TRAN	AMES
164	383	DAVID NOVO VICOS	VT1M- 37	00:24:15	00:04:23	00:24:06	00:04:22	00:14:20		BETANZOS
165	397	MARTÍN IGLESIAS DORTA	SNM- 53	00:24:16	00:04:23	00:24:09	00:04:22	00:14:17		OURENSE
166	402	MIGUEL RODRIGUEZ RODRIGUEZ	SNM- 54	00:24:17	00:04:24	00:23:56	00:04:20	00:14:26		BERGONDO
167	130	LUIS VALDÉS LÓPEZ	VT2M- 44	00:24:17	00:04:24	00:24:08	00:04:22	00:14:16	RUNNING OLEIROS	CAMBRE-
168	302	DOMINGO PRADO TEIJEIRO	VT2M- 45	00:24:18	00:04:24	00:24:11	00:04:23	00:14:15		A CORUÑA
169	289	CARLOS ALVAREZ FERNADEZ	VT2M- 46	00:24:21	00:04:24	00:24:15	00:04:23	00:14:19		CULLEREDO
170	504	LISETH KARINA PÉREZ TORRES	F- 7 VT1F- 3	00:24:21	00:04:24	00:24:17	00:04:24	00:14:17	NOSPORTLIMIT	A CORUÑA
171	356	GABRIEL SANTOS ALONSO	VT1M- 38	00:24:22	00:04:25	00:24:07	00:04:22	00:14:43		A CORUÑA
172	400	JAVIER ACCION	SNM- 55	00:24:24	00:04:25	00:24:20	00:04:24	00:14:24		A CORUNA
173	112	ALEJANDRO RODRÍGUEZ LORENZO	VT2M- 47	00:24:25	00:04:25	00:24:00	00:04:20	00:14:35	NOSPORTLIMIT	CAMBRE
174	567	EUSEBIA MALDONADO	F- 8 VT1F- 4	00:24:26	00:04:25	00:24:23	00:04:25	00:14:22	NO TENGO	A CORUÑA
175	313	OSCAR PARDO REY	VT1M- 39	00:24:26	00:04:25	00:24:21	00:04:24	00:14:20		CAMBRE
176	389	ENRIQUE CABANA PICADO	VT1M- 40	00:24:27	00:04:25	00:24:08	00:04:22	00:14:28		A CORUÑA
177	672	JUAN CARLOS VAZQUEZ GRELA	SNM- 56	00:24:27	00:04:25	00:24:17	00:04:24	00:14:24		LA CORUÑA
178	474	TOMÁS GONZÁLEZ VIDAL	SNM- 57	00:24:27	00:04:26	00:24:22	00:04:25	00:14:32		A CORUÑA
179	628	OSCAR ANZOLA	VT2M- 48	00:24:28	00:04:26	00:24:04	00:04:21	00:14:35		UXES
180	418	DAVID ESPORAS PLACER	SNM- 58	00:24:29	00:04:26	00:23:53	00:04:19	00:14:31		MONFORTE DE LEMOS
181	613	ALVARO CARLOS GAMEZ MARTINEZ	SNM- 59	00:24:31	00:04:26	00:24:13	00:04:23	00:14:32	COA CLUB ONUBENSE DE ATLETISMO	A CORUÑA
182	227	LUIS VOCES REBORDINOS	VT2M- 49	00:24:31	00:04:26	00:23:59	00:04:20	00:14:55		OLEIROS
183	293	CARLOS GONZALEZ CRIADO	VT2M- 50	00:24:31	00:04:26	00:23:59	00:04:20	00:14:55		CAMBRE
184	291	PABLO PEREDA FERNÁNDEZ	VT2M- 51	00:24:32	00:04:26	00:24:09	00:04:22	00:14:34		A CORUÑA
185	489	LUCÍA VÁZQUEZ SESAR	F- 9 SNF- 4	00:24:32	00:04:26	00:24:27	00:04:25	00:14:25	ATLETISMO RIAZOR CORUÑA	CULLEREDO
186	385	AGUSTÍN CAAMAÑO SALGADO	VT1M- 41	00:24:32	00:04:26	00:24:18	00:04:24	00:14:28		A CORUNA
187	423	ADRIÁN LÓPEZ VILLAVERDE	SNM- 60	00:24:32	00:04:26	00:24:16	00:04:23	00:14:20		PONTEVEDRA
188	305	JESUS PEREDA FERNANDEZ	VT2M- 52	00:24:32	00:04:26	00:24:09	00:04:22	00:14:33		A CORUÑA

189	424	DANIEL NOGUEIRA CARRO		SNM- 61	00:24:33	00:04:26	00:24:13	00:04:23	00:14:33		A CORUÑA
190	376	JOAQUIN DOCAMPO GARCIA		VT1M- 42	00:24:35	00:04:27	00:24:27	00:04:25	00:14:23		SADA
191	603	JORGE BARATA MARTINEZ		VT2M- 53	00:24:38	00:04:27	00:24:32	00:04:26	00:14:19	ATLETAS DE ACEA DE AMA	A CORUÑA
192	331	IAGO FERNÁNDEZ IGLESIAS		VT1M- 43	00:24:40	00:04:28	00:24:33	00:04:27	00:14:18		A CORUÑA
193	117	JUAN CARLOS DOMATO VERDÍA		VT1M- 44	00:24:41	00:04:28	00:24:34	00:04:27	00:14:19	OS DESBROZA CARRETERAS	ARTEIXO
194	902	JOSE ANTONIO FERNANDEZ RODRIGUEZ		VT1M- 45	00:24:41	00:04:28	00:24:10	00:04:22	00:14:44	ATLETISMO ARTEIXO	ARTEIXO
195	215	MIGUEL ÁNGEL GARCÍA ÁLVAREZ		VT3M- 19	00:24:41	00:04:28	00:24:28	00:04:26	00:14:37		A CORUÑA
196	317	MIGUEL MARROZOS LOPEZ		VT1M- 46	00:24:43	00:04:28	00:24:24	00:04:25	00:14:34		A CORUÑA
197	467	PABLO REY PERISCAL		SNM- 62	00:24:46	00:04:29	00:24:32	00:04:26	00:14:44		A CORUÑA
198	450	JORGE LOPEZ GARCIA		SNM- 63	00:24:47	00:04:29	00:24:32	00:04:26	00:14:37		LA CORUÑA
199	695	JOSE CASABELLA PÉREZ		SNM- 64	00:24:48	00:04:29	00:24:41	00:04:28	00:14:23		LUGO
200	395	FABIÁN VALCÁRCEL MARTÍNEZ		SNM- 65	00:24:49	00:04:29	00:24:40	00:04:28	00:14:30		A CORUÑA
201	349	SERGIO MARTINEZ GOMEZ		VT1M- 47	00:24:50	00:04:30	00:24:45	00:04:29	00:14:26		A CORUÑA
202	678	VITTORIO DI FLAVIANO		SNM- 66	00:24:52	00:04:30	00:24:45	00:04:29	00:14:20		A CORUÑA
203	253	JAVIER PORTAS LEMUS		VT2M- 54	00:24:52	00:04:30	00:24:41	00:04:28	00:14:36		LA CORUÑA
204	33	ALBERTO PARDO FERNANDEZ		VT2M- 55	00:24:53	00:04:30	00:24:29	00:04:26	00:14:42	AG-766454 ATLETISMO CORUÑA COMARCA	A CORUÑA
205	447	VICTOR HUGO TORRADO MUÑIZ		SNM- 67	00:24:53	00:04:30	00:24:46	00:04:29	00:14:40		PASTORIZA (ARTEIXO)
206	203	ROGELIO MANUEL PEREZ MIÑONES		VT3M- 20	00:24:55	00:04:31	00:24:51	00:04:30	00:14:38		A CORUÑA
207	435	JAVIER LOURIDO MARTÍNEZ		SNM- 68	00:24:56	00:04:31	00:24:44	00:04:29	00:14:38		SADA
208	640	CARLOS LÓPEZ RODRÍGUEZ		VT2M- 56	00:24:58	00:04:31	00:24:20	00:04:24	00:14:56		A CORUÑA
209	463	JAVIER VILLAVERDE DOVAL		SNM- 69	00:24:59	00:04:31	00:24:40	00:04:28	00:14:51		A CORUÑA
210	339	CARLOS RIÁDIGOS MOSQUERA		VT1M- 48	00:25:00	00:04:31	00:24:43	00:04:28	00:14:34		A CORUÑA
211	350	OSCAR VIDAL RODRIGUEZ		VT1M- 49	00:25:00	00:04:31	00:24:51	00:04:30	00:14:46		A CORUÑA
212	177	MANUEL JULIO SUAREZ MARTIN		VT3M- 21	00:25:00	00:04:31	00:24:54	00:04:30	00:14:32		CULLEREDO
213	155	ALBERTO VARELA COLLAZO		VT1M- 50	00:25:00	00:04:31	00:24:36	00:04:27	00:15:01	TRI FONSECA	A CORUÑA
214	228	GERMAN BARBEITO REY		VT2M- 57	00:25:01	00:04:32	00:24:48	00:04:29	00:14:48		CULLEREDO
215	258	ALFONSO DÍAZ PÉREZ		VT2M- 58	00:25:02	00:04:32	00:24:50	00:04:30	00:14:33		LA CORUÑA
216	141	JESUS ASTRAY CASTRO		VT2M- 59	00:25:02	00:04:32	00:24:52	00:04:30	00:14:49	SOBRADO RUNNING	A CORUÑA
217	18	DIEGO SANCHEZ GONZALEZ		VT1M- 51	00:25:03	00:04:32	00:24:44	00:04:28	00:14:45	ASOCIACIÓN DEPORTIVA CERNE	MELIDE
218	616	ALEJANDRO GARCÍA PIÑEIRO		SNM- 70	00:25:03	00:04:32	00:24:28	00:04:26	00:14:35	GIMNASIO JK	A CORUÑA
219	125	DAVID IGLESIAS RIGUEIRA		VT1M- 52	00:25:05	00:04:32	00:24:55	00:04:31	00:14:46	RUN4ONE	A CORUÑA
220	551	ANA HERNÁNDEZ CABRERA	F- 10	VT2F- 2	00:25:06	00:04:32	00:25:03	00:04:32	00:14:43		BETANZOS
221	472	NICOLAS LOIS CANDA		SNM- 71	00:25:08	00:04:33	00:24:50	00:04:30	00:14:46		LA CORUÑA
222	454	GUILLERMO JOSÉ RODICIO CIMADEVILLA		SNM- 72	00:25:08	00:04:33	00:24:44	00:04:28	00:14:49		A CORUÑA
223	354	DAVID VILLAR VILLAR		VT1M- 53	00:25:08	00:04:33	00:25:01	00:04:32	00:14:30		A CORUÑA
224	685	ADRIÁN VEGA LEIRÓS		SNM- 73	00:25:09	00:04:33	00:24:41	00:04:28	00:15:02		VILAGARCIA DE AROUSA
225	360	OSCAR CABANA PICADO		VT1M- 54	00:25:14	00:04:34	00:24:54	00:04:30	00:14:47		A CORUÑA
226	466	MANUEL RODRIGUEZ RODRIGUEZ		SNM- 74	00:25:14	00:04:34	00:24:53	00:04:30	00:14:54		SADA
227	197	JAVIER FERNÁNDEZ FRAGA		VT3M- 22	00:25:14	00:04:34	00:25:09	00:04:33	00:14:51		ARTEIXO
228	242	MANUEL PAZ CARBON		VT2M- 60	00:25:14	00:04:34	00:25:04	00:04:32	00:14:45		A CORUÑA
229	43	JUAN LUIS RAMOS DIEZ		SNM- 75	00:25:14	00:04:34	00:25:04	00:04:32	00:14:52	BEER RUNNERS CORUÑA	A CORUÑA
230	945	ANGEL RODRIGUEZ LADO		SUB23M- 4	00:25:15	00:04:34	00:25:11	00:04:33	00:14:28		LA CORUÑA
231	959	YAN LI CHEN LIN	F- 11	SNF- 5	00:25:18	00:04:35	00:25:07	00:04:33	00:14:48		FERROL
232	510	MARIA MAREQUE MARTINEZ	F- 12	VT1F- 5	00:25:18	00:04:35	00:24:58	00:04:31	00:14:59	TARTARUGAS	SANTIAGO
233	406	DIEGO VÁZQUEZ PÉREZ		SNM- 76	00:25:19	00:04:35	00:24:58	00:04:31	00:14:57		A CORUÑA
234	325	EDUARDO ALVAREZ MAGALHAES		VT1M- 55	00:25:19	00:04:35	00:25:14	00:04:34	00:14:31		O TEMPLE-CAMBRE
235	498	NATALIA RIVAS SUÁREZ	F- 13	VT1F- 6	00:25:19	00:04:35	00:25:15	00:04:34	00:14:54	AG2022593 CLUB DEPORTIVO OS MUDITOS	CORISTANCO
236	23	TOMAS ABELEDO PATIÑO		VT3M- 23	00:25:19	00:04:35	00:25:11	00:04:33	00:14:57	ATLETAS DE ACEA DE AMA	VILABOA - CULLEREDO

237	238	FRANCISCO JAVIER MARTINEZ SANTOS	VT2M- 61	00:25:21	00:04:35	00:24:57	00:04:31	00:15:07		A CORUÑA
238	179	TOMÁS MARTÍNEZ MOSQUERA	VT3M- 24	00:25:23	00:04:36	00:25:17	00:04:35	00:14:34		A CORUÑA
239	73	OSCAR DURO PAZOS	VT1M- 56	00:25:23	00:04:36	00:24:59	00:04:31	00:15:00	CLUB HÉRCULES TERMARIA	A CORUÑA
240	531	DOSI LOPEZ LOPEZ	F- 14 VT2F- 3	00:25:24	00:04:36	00:25:06	00:04:32	00:15:14		CULLEREDO
241	373	RICARDO PEREIRA VARA	VT1M- 57	00:25:25	00:04:36	00:25:18	00:04:35	00:14:52		A CORUÑA
242	926	IVAN FERREIRO ABELENDA	SNM- 77	00:25:25	00:04:36	00:25:18	00:04:35	00:14:53		A CORUÑA
243	505	IRIA SOTO IGLESIAS	F- 15 SNF- 6	00:25:25	00:04:36	00:25:15	00:04:34	00:15:00	RUN4ONE	A CORUÑA
244	103	OSCAR BESTEIRO VAZQUEZ	VT2M- 62	00:25:25	00:04:36	00:25:02	00:04:32	00:15:06	MIXMASTER RUNNING	A CORUÑA
245	134	SANTIAGO SUÁREZ AGRA	VT1M- 58	00:25:26	00:04:36	00:25:12	00:04:34	00:14:52	RUNNING OLEIROS	O BURGO (CULLEREDO)
246	273	JUAN GONZÁLEZ BLANCO	VT2M- 63	00:25:26	00:04:36	00:25:16	00:04:34	00:14:54		A CORUÑA
247	55	ÉLISEO GARCÍA CRISTOBAL	VT2M- 64	00:25:28	00:04:37	00:25:10	00:04:33	00:15:13	AG2014328 CLUB ATLETISMO SADA	CAMBRE
248	949	YANINE ACOSTA NEVES	F- 16 SNF- 7	00:25:28	00:04:37	00:25:25	00:04:36	00:14:55	SADA PATÍN	SADA
249	241	RICARDO AREA TEJIEIRO	VT2M- 65	00:25:28	00:04:37	00:25:15	00:04:34	00:15:04		A CORUÑA
250	28	ANTONIO REMUIÑÁN SÁNCHEZ	VT4M- 2	00:25:28	00:04:37	00:25:23	00:04:36	00:14:56	GA765470 ATLETISMO CARBALLO	CARBALLO
251	132	PEDRO PETEIRO ROSENDE	VT2M- 66	00:25:35	00:04:38	00:25:28	00:04:36	00:15:06	AG 2016168 RUNNING OLEIROS	ARANGA
252	205	ENRIQUE JORGE RAMA RODRÍGUEZ	VT3M- 25	00:25:37	00:04:38	00:25:15	00:04:34	00:15:05		A CORUÑA
253	351	ISMAEL MANEIRO FERREIRO	VT1M- 59	00:25:39	00:04:38	00:25:18	00:04:35	00:14:59		MAZARICOS
254	263	JOSÉ MANUEL MOSQUERA NOVOA	VT2M- 67	00:25:41	00:04:39	00:25:22	00:04:35	00:14:57		CULLEREDO
255	674	JOSE IGNACIO GARCIA GARCIA	SNM- 78	00:25:43	00:04:39	00:25:36	00:04:38	00:15:07		BOIMORTO
256	272	PEDRO MANUEL SALIDO VARELA	VT2M- 68	00:25:43	00:04:39	00:25:17	00:04:34	00:15:29		OLEIROS
257	634	IGNACIO DIAZ LOPEZ	VT2M- 69	00:25:43	00:04:39	00:25:16	00:04:34	00:15:17		A CORUÑA
258	244	PABLO BUCETA BLANCO	VT2M- 70	00:25:44	00:04:39	00:25:27	00:04:36	00:15:04		CULLEREDO
259	660	OCTAVIO RUIZ DIAZ	VT1M- 60	00:25:45	00:04:40	00:25:24	00:04:36	00:15:19		A CORUÑA
260	637	EMILIO FERNÁNDEZ SUÁREZ	VT2M- 71	00:25:45	00:04:40	00:25:33	00:04:37	00:15:07		LA CORIÑA
261	94	JAVIER CUIÑA BALADO	VT2M- 72	00:25:45	00:04:40	00:25:34	00:04:38	00:15:06	INDRA RUNNERS	A CORUÑA
262	303	JOSE ANTONIO FERNANDEZ VAZQUEZ	VT2M- 73	00:25:46	00:04:40	00:25:30	00:04:37	00:14:57		A CORUÑA
263	254	GREGORIO LÓPEZ LABALLOS	VT2M- 74	00:25:46	00:04:40	00:25:16	00:04:34	00:15:03		BETANZOS
264	644	HERNANDO SEIJAS MARTÍNEZ	VT2M- 75	00:25:47	00:04:40	00:25:29	00:04:37	00:15:07		A CORUÑA
265	643	JOSE GERPE BARBEIRA	VT2M- 76	00:25:47	00:04:40	00:25:29	00:04:37	00:15:09		A CORUÑA
266	19	VÍCTOR HUGO CONDE LÓPEZ	VT2M- 77	00:25:48	00:04:40	00:25:46	00:04:40	00:15:15	ASOCIACIÓN DEPORTIVA OLIMPIA	CEE
267	904	SERXIO SOUTO CARDELLE	VT1M- 61	00:25:50	00:04:41	00:25:29	00:04:37	00:15:05	DRUNK RUNNERS	A CORUÑA
268	420	DAVID ULLOA SOBRINO	SNM- 79	00:25:50	00:04:41	00:25:32	00:04:37	00:15:08		A CORUÑA
269	301	MARCOS ALVAREZ PATIÑO	VT2M- 78	00:25:52	00:04:41	00:25:42	00:04:39	00:14:59		A CORUÑA
270	647	PABLO SOBRINO BRAVO	VT1M- 62	00:25:52	00:04:41	00:25:22	00:04:35	00:15:18		BETANZOS
271	104	JUAN IGNACIO PALEO VIEITO	VT1M- 63	00:25:53	00:04:41	00:25:32	00:04:37	00:15:14	MIXMASTER RUNNING	A CORUÑA
272	459	DIEGO CABARCOS VAL	SNM- 80	00:25:53	00:04:41	00:25:30	00:04:37	00:15:03		BURELA
273	409	JAVIER LEJO SIERRA	SNM- 81	00:25:54	00:04:41	00:25:35	00:04:38	00:15:10		A CORUÑA
274	476	ALVARO MARTIN ARES	SNM- 82	00:25:54	00:04:41	00:25:28	00:04:37	00:15:36		A CORUÑA
275	206	JOSE ANTONIO SANTISO SEOANE	VT3M- 26	00:25:55	00:04:41	00:25:49	00:04:40	00:14:55		CAMBRE
276	236	IVÁN ROIBÁS BLANCO	VT2M- 79	00:25:55	00:04:41	00:25:45	00:04:40	00:14:56		EL TEMPLE - CAMBRE
277	923	DIEGO LAMAS BLANCO	VT1M- 64	00:25:55	00:04:41	00:25:50	00:04:40	00:14:46		CAMBRE
278	246	JOSÉ MIGUEL GONZÁLEZ GONZÁLEZ	VT2M- 80	00:25:57	00:04:42	00:25:34	00:04:37	00:15:26		A CORUÑA
279	635	JUAN CARLOS VAZQUEZ GOMEZ	VT2M- 81	00:25:58	00:04:42	00:25:47	00:04:40	00:15:09		A CORUÑA
280	700	SERGIO BUSTO DURAN	SUB20M- 5	00:26:00	00:04:42	00:25:50	00:04:40	00:14:51		O TEMPLE
281	66	MANUEL NISTAL GARCIA	VT2M- 82	00:26:01	00:04:42	00:25:50	00:04:40	00:15:11	CLUB CICLISTA EO	RIBADEO
282	509	BEGOÑA LOIS ALVAREZ	F- 17 VT2F- 4	00:26:01	00:04:42	00:25:51	00:04:41	00:15:16	RUNNING OLEIROS	A CORUÑA
283	375	ADRIAN FERNANDEZ CARBALLEIRA	VT1M- 65	00:26:03	00:04:43	00:25:33	00:04:37	00:15:40		CULLEREDO
284	367	OSCAR HERNANDEZ ACEVEDO	VT1M- 66	00:26:03	00:04:43	00:25:45	00:04:40	00:15:34		CULLEREDO

285	200	JAVIER APARICIO DÍAZ		VT3M- 27	00:26:05	00:04:43	00:25:40	00:04:39	00:15:24		A CORUÑA
286	444	SERGIO LUACES LAGO		SNM- 83	00:26:05	00:04:43	00:25:28	00:04:36	00:15:16		A CORUÑA
287	63	DAVID SOUTO SANCHEZ		VT2M- 83	00:26:08	00:04:44	00:25:51	00:04:41	00:15:25	CLUB ATLETISMO SADA MONTAÑA	LA CORUÑA
288	334	DAVID GONZALEZ PARIS		VT1M- 67	00:26:09	00:04:44	00:25:51	00:04:41	00:15:25		CORUÑA
289	680	ANTONIO RODRIGUEZ TERRADO		SNM- 84	00:26:10	00:04:44	00:25:40	00:04:39	00:15:32		PERILLO
290	516	ELISA PAZ SOUTO	F- 18	VT3F- 1	00:26:11	00:04:44	00:26:04	00:04:43	00:15:15		A CORUÑA
291	914	MARTÍN SUÁREZ PELETEIRO		VT2M- 84	00:26:11	00:04:44	00:25:51	00:04:41	00:15:15		CORUÑA
292	336	ERIK PARADA GUTIÉRREZ		VT1M- 68	00:26:13	00:04:45	00:25:47	00:04:40	00:15:43		A CORUÑA
293	357	MARTÍN BRAIS CRESPO RODRIGUEZ		VT1M- 69	00:26:14	00:04:45	00:26:01	00:04:42	00:15:13		A CORUÑA
294	469	ALEJANDRO LUIS NOVOA		SNM- 85	00:26:15	00:04:45	00:25:57	00:04:42	00:15:22		A CORUÑA
295	460	LUCAS MOSQUERA MOSQUEIRA		SNM- 86	00:26:15	00:04:45	00:25:38	00:04:38	00:15:46		A CORUÑA
296	931	ALBERTO GATO REIGOSA		SNM- 87	00:26:16	00:04:45	00:25:56	00:04:41	00:14:53		A CORUÑA
297	328	ÓSCAR CARRACEDO REGUEIRA		VT1M- 70	00:26:16	00:04:45	00:26:06	00:04:43	00:15:41		ARTEIXO
298	442	MIGUEL VAZQUEZ CARREIRA		SNM- 88	00:26:17	00:04:45	00:25:46	00:04:40	00:15:47		A CORUÑA
299	154	FERNANDO MANTEIGA SILVA		SNM- 89	00:26:17	00:04:45	00:25:41	00:04:39	00:15:39	TRASNOS CORUÑA	CERCEDA
300	901	PABLO MÍGUEZ BARROSO		VT1M- 71	00:26:17	00:04:45	00:26:17	00:04:45	00:15:01	----	LA FELGUERA
301	366	ROBERTO FRANCOS VÁZQUEZ		VT1M- 72	00:26:17	00:04:45	00:25:48	00:04:40	00:15:51		A CORUÑA
302	411	JOSÉ LUIS LÓPEZ LÓPEZ		SNM- 90	00:26:18	00:04:45	00:26:10	00:04:44	00:15:23		A CORUÑA
303	939	ALEJANDRO FORTES LOPES		SNM- 91	00:26:18	00:04:45	00:25:52	00:04:41	00:15:33		CULLEREDO
304	677	FERNANDO CASTRO VILLASENÍN		SNM- 92	00:26:19	00:04:46	00:25:56	00:04:42	00:15:35		ORDES
305	920	JAVIER FERNÁNDEZ TRAVIESO		VT1M- 73	00:26:19	00:04:46	00:25:57	00:04:42	00:15:25		A CORUÑA
306	332	HÉCTOR FRAGA		VT1M- 74	00:26:19	00:04:46	00:25:51	00:04:41	00:15:49		OLEIROS
307	158	ANGEL GARCIA GARCIA		VT2M- 85	00:26:19	00:04:46	00:25:14	00:04:34	00:16:01	VERXEL NUTRICIÓN DEPORTIVA	ARANGA
308	661	SEBASTIAN FERNANDEZ BARRAL		VT1M- 75	00:26:21	00:04:46	00:26:15	00:04:45	00:15:18		A CORUÑA
309	365	MOISÉS PEREZ PREGO		VT1M- 76	00:26:22	00:04:46	00:26:12	00:04:44	00:15:30		VILARRODIS (ARTEIXO)
310	769	PURIFICACIÓN LÓPEZ MAHÍA	F- 19	VT3F- 2	00:26:22	00:04:46	00:26:07	00:04:44	00:15:25		A CORUÑA
311	164	JOSE ANTONIO MENDEZ PAMPIN		VT4M- 3	00:26:23	00:04:46	00:26:14	00:04:45	00:15:30		LA CORUÑA
312	391	ALBERTO LOPEZ FILGUEIRAS		SNM- 93	00:26:24	00:04:47	00:25:51	00:04:41	00:16:18		VALLADOLID
313	664	RAIMUNDO OTERO GULDRIS		VT1M- 77	00:26:25	00:04:47	00:25:52	00:04:41	00:15:56		LA CORUÑA
314	686	DIEGO SÁNCHEZ CAL		SNM- 94	00:26:27	00:04:47	00:26:08	00:04:44	00:15:33		ABEGONDO
315	577	SANDRA FERREIRO HERMIDA	F- 20	SNF- 8	00:26:27	00:04:47	00:26:08	00:04:44	00:15:39		CULLEREDO
316	929	DAVID BLASCO FAGUNDO		SNM- 95	00:26:30	00:04:48	00:26:21	00:04:46	00:15:15		GATA
317	629	ERNESTO GRAMCKO		VT2M- 86	00:26:33	00:04:48	00:26:12	00:04:44	00:15:40		OLEIROS
318	667	IVAN CEIDE GAYOSO		VT1M- 78	00:26:34	00:04:48	00:26:09	00:04:44	00:15:52		EL TEMPLE - CAMBRE
319	430	JUAN CRUZ CARRETERO SÁNCHEZ		SNM- 96	00:26:35	00:04:49	00:26:22	00:04:46	00:15:29		CORUÑA
320	938	DANIEL VÁZQUEZ BRAÑAS		SNM- 97	00:26:35	00:04:49	00:26:20	00:04:46	00:15:33		CAMBRE
321	29	ALFONSO REMUIÑAN SANCHEZ		VT3M- 28	00:26:36	00:04:49	00:26:30	00:04:48	00:14:56	GA765469	ATLETISMO CARBALLO
322	573	BEATRIZ MUIÑO VIDAL	F- 21	SNF- 9	00:26:37	00:04:49	00:26:22	00:04:46	00:15:32		A CORUÑA
323	574	MARTA MUIÑO VIDAL	F- 22	SNF- 10	00:26:37	00:04:49	00:26:22	00:04:46	00:15:32		A CORUÑA
324	101	JOSE LUIS PENALTA DATORRE		VT3M- 29	00:26:39	00:04:49	00:26:17	00:04:45	00:15:41	MIXMASTER RUNNING	EL TEMPLE -CAMBRE
325	226	JAVIER GRUEIRO BOUZA		VT2M- 87	00:26:41	00:04:50	00:26:12	00:04:44	00:15:50		A CORUÑA
326	568	ZELTIA LANDEIRA PIQUIN	F- 23	VT1F- 7	00:26:43	00:04:50	00:26:12	00:04:44	00:16:06		CULLEREDO
327	91	IVÁN PALLEIRO PÉREZ		SNM- 98	00:26:43	00:04:50	00:26:13	00:04:45	00:16:09	GARRAPUCHO	A CORUÑA
328	265	JOSE ANGEL LORENZO RIVEIRO		VT2M- 88	00:26:44	00:04:50	00:26:41	00:04:50	00:15:30		CULLEREDO
329	140	MANUEL JOSE REY PAULOS		VT4M- 4	00:26:45	00:04:50	00:26:35	00:04:48	00:15:51	SIN CLUB	CARBALLO
330	422	MIGUEL ANGEL VARELA VÁZQUEZ		SNM- 99	00:26:47	00:04:51	00:26:28	00:04:47	00:15:40		LA CORUÑA
331	165	LUIS ALVAREZ CAMARA		VT4M- 5	00:26:48	00:04:51	00:26:40	00:04:49	00:15:40		LA CORUÑA
332	534	NURIA ESTHER PALACIOS IBÁN	F- 24	VT2F- 5	00:26:51	00:04:51	00:26:47	00:04:51	00:15:31		A CORUÑA

333	364	RODRIGO MARINO TAIBO		VT1M- 79	00:26:52	00:04:52	00:26:36	00:04:49	00:15:48		MESOIRO
334	589	TAMARA CAAMAÑO ROMERO	F- 25	SNF- 11	00:26:52	00:04:52	00:26:34	00:04:48	00:15:56		CARNOTA
335	320	MANUEL ANGEL MARTÍNEZ QUINTIANA		VT1M- 80	00:26:54	00:04:52	00:26:37	00:04:49	00:15:48		A CORUÑA
336	294	ÓSCAR PATAO LAMEIRO		VT2M- 89	00:26:54	00:04:52	00:26:27	00:04:47	00:15:52		LA CORUÑA
337	425	JOSE FERREÑO GARCIA		SNM- 100	00:26:54	00:04:52	00:26:21	00:04:46	00:16:18		CORUÑA
338	32	JUAN LUIS CHAO GOAS		VT2M- 90	00:26:56	00:04:52	00:26:20	00:04:46	00:16:12	ATLETISMO CLUB SOCIAL BANCO PASTOR	A CORUÑA
339	275	JOSE IGNACIO SANCHEZ GARCIA		VT2M- 91	00:26:57	00:04:53	00:26:42	00:04:50	00:15:46		CULLEREDO
340	5	SUSO RAMOS RODRIGUEZ		VT2M- 92	00:26:58	00:04:53	00:26:44	00:04:50	00:15:35	AG 2022293 A.D. DOWNHILL LARACHA	A LARACHA
341	481	PILAR VILLAR RE CAREY	F- 26	VT1F- 8	00:26:58	00:04:53	00:26:42	00:04:50	00:15:45	AD DOWHILL	A LARACHA
342	544	SARA PIÑEIRO GOLAN	F- 27	VT2F- 6	00:26:58	00:04:53	00:26:41	00:04:50	00:16:07	GA 19269	CAIÓN
343	358	FRANCISCO JOSÉ ROCHA GARCÍA		VT1M- 81	00:27:00	00:04:53	00:26:35	00:04:49	00:15:41		OZA DOS RIOS
344	17	SANTIAGO FUENTES MENENDEZ		VT1M- 82	00:27:00	00:04:53	00:26:52	00:04:52	00:15:45	ARCADIA RUNNING CLUB	CORUÑA
345	230	RICARDO FERNÁNDEZ GONZÁLEZ		VT2M- 93	00:27:01	00:04:53	00:26:30	00:04:48	00:16:14		A CORUÑA
346	176	SANTIAGO SIMON CUADRADO		VT3M- 30	00:27:02	00:04:53	00:26:35	00:04:49	00:15:58		LA CORUÑA
347	42	JORGE BARREIRO GONZÁLEZ		SNM- 101	00:27:03	00:04:54	00:26:50	00:04:51	00:15:32	BEER RUNNERS CORUÑA	A CORUÑA
348	764	ANA BORT RESPINO	F- 28	SUB20F- 1	00:27:04	00:04:54	00:27:01	00:04:53	00:14:53		A CORUÑA
349	232	LUIS PITA ANDREU		VT2M- 94	00:27:05	00:04:54	00:26:42	00:04:50	00:16:05		A CORUÑA
350	243	SANTIAGO BORT COUCEIRO		VT2M- 95	00:27:05	00:04:54	00:26:58	00:04:53	00:15:24		A CORUÑA
351	671	FRANCISCO GABRIEL AGRELO RODRIGUEZ		SNM- 102	00:27:06	00:04:54	00:26:26	00:04:47	00:15:57		CARBALLO
352	663	ADRIAN PEREZ MOSQUERA		VT1M- 83	00:27:07	00:04:54	00:26:53	00:04:52	00:15:43		LA CORUÑA
353	100	MARCELO GABRIEL TRIPODI		VT3M- 31	00:27:08	00:04:55	00:26:46	00:04:51	00:15:56	MIXMASTER RUNNING	A CORUÑA
354	295	OSCAR FERNANDEZ PARDO		VT2M- 96	00:27:12	00:04:55	00:26:41	00:04:50	00:15:58		LA CORUÑA
355	652	MARCO ANTONIO AGEITOS TORRADI		VT1M- 84	00:27:12	00:04:55	00:26:38	00:04:49	00:16:19		A CORUÑA
356	761	LASHYRA TYESE NOLEN	F- 29	SNF- 12	00:27:15	00:04:56	00:26:44	00:04:50	00:16:11		LOS CASTROS
357	106	JOSE FRANCISCO SUAREZ NUÑEZ		VT2M- 97	00:27:15	00:04:56	00:27:06	00:04:54	00:16:00	NOSPORTLIMIT	A CORUÑA
358	612	SERGIO PRADO SÁNCHEZ		SUB20M- 6	00:27:18	00:04:56	00:27:14	00:04:56	00:15:48	CLUB MARINEDA ATLETICO	CULLEREDO
359	693	ORLANDO VÁZQUEZ LÓPEZ		SNM- 103	00:27:19	00:04:57	00:26:57	00:04:53	00:16:24		A CORUÑA
360	163	MANUEL VÁZQUEZ ALVEDRO		VT4M- 6	00:27:21	00:04:57	00:26:51	00:04:51	00:16:26		EL TEMPLE
361	261	IÑIGO MARTINEZ IGLESIAS		VT2M- 98	00:27:23	00:04:57	00:27:21	00:04:57	00:15:14		LA CORUÑA
362	79	NESTOR ARIAS PAZ		VT2M- 99	00:27:24	00:04:57	00:26:58	00:04:53	00:16:08	CLUB MONTEPENARUBIA LUGO	LUGO
363	220	JUÁN PEDRO VIGO SANZ		VT3M- 32	00:27:25	00:04:58	00:27:06	00:04:54	00:16:06		SANTIAGO DE COMPOSTELA
364	124	ALBERTO VILAS MARTÍNEZ		VT3M- 33	00:27:25	00:04:58	00:27:11	00:04:55	00:16:15	RIAZOR CORUÑA	A CORUÑA
365	148	FABIÁN SANTOS POSE		SNM- 104	00:27:25	00:04:58	00:27:17	00:04:56	00:16:21	AG 2022 664 TERRA DE SONEIRA C.D.	VIMIANZO
366	659	XALO MUÑIZ FONTENLA		VT1M- 85	00:27:26	00:04:58	00:27:06	00:04:54	00:16:17		A CORUÑA
367	178	JUAN PAZOS COUTO		VT3M- 34	00:27:28	00:04:58	00:27:08	00:04:55	00:16:19		A CORUÑA
368	618	MIGUEL MATO		SNM- 105	00:27:29	00:04:58	00:27:09	00:04:55	00:16:22	MATA	A CORUÑA
369	225	JUAN CARIDAD		VT2M- 100	00:27:31	00:04:59	00:27:05	00:04:54	00:16:23		A CORUÑA
370	102	VIRGILIO CALVO MARTINEZ		VT2M- 101	00:27:32	00:04:59	00:27:09	00:04:55	00:16:07	MIXMASTER RUNNING	LA CORUÑA
371	173	VÍCTOR MANUEL VÁZQUEZ MOSTEIRO		VT3M- 35	00:27:32	00:04:59	00:27:00	00:04:53	00:16:31		A CORUÑA
372	296	JAVIER BANDÍN MARENTES		VT2M- 102	00:27:32	00:04:59	00:27:05	00:04:54	00:16:05		A CORUÑA
373	940	ADRIÁN PEREIRA GUERRA		SNM- 106	00:27:33	00:04:59	00:27:19	00:04:56	00:15:26		A CORUÑA
374	485	SUSANA GONZALEZ LEAL	F- 30	VT1F- 9	00:27:33	00:04:59	00:27:15	00:04:56	00:16:32	ARCADIA RUNNING CLUB	LA CORUÑA
375	171	JOSE IGNACIO ARES FERREIRO		VT3M- 36	00:27:34	00:04:59	00:27:26	00:04:58	00:16:36		A CORUÑA
376	209	ANGEL RAMON MARTINEZ CAMBON		VT3M- 37	00:27:34	00:04:59	00:27:16	00:04:56	00:16:15		A CORUÑA
377	530	BEGOÑA MARTINEZ LORENZO	F- 31	VT2F- 7	00:27:34	00:04:59	00:27:16	00:04:56	00:16:15		ARTEIXO
378	398	MIGUEL ROMAN BLANCO GARCIA		SNM- 107	00:27:35	00:04:59	00:27:15	00:04:56	00:16:16		A CORUÑA
379	916	PABLO CARPINTERO SEXTO		VT2M- 103	00:27:35	00:04:59	00:27:15	00:04:56	00:16:14		A CORUÑA
380	208	MANUEL VILAS SANCHEZ		VT3M- 38	00:27:35	00:04:59	00:27:25	00:04:58	00:15:57		A CORUÑA



381	218	DIEGO SUÁREZ GANTES		VT3M- 39	00:27:36	00:05:00	00:27:08	00:04:55	00:16:25		A CORUÑA
382	679	OSCAR MARTINEZ SERRA		SNM- 108	00:27:36	00:05:00	00:27:18	00:04:56	00:16:10		A CORUÑA
383	480	MARI CARMEN RODRIGUEZ GOLAN	F- 32	VT2F- 8	00:27:37	00:05:00	00:27:21	00:04:57	00:16:13	A D DOWNHILL	A LARACHA
384	768	CLAUDIA OREIRO CHAPELA	F- 33	VT2F- 9	00:27:38	00:05:00	00:27:28	00:04:58	00:16:21	NOSPORTLIMIT	A CORUÑA
385	497	ANGELES CASTRO FERNANDEZ	F- 34	VT2F- 10	00:27:41	00:05:00	00:27:30	00:04:59	00:16:15	CLUB ATLETISMO SADA	A CORUÑA
386	662	MARTIN BARRAL GOMEZ		VT1M- 86	00:27:42	00:05:01	00:27:26	00:04:58	00:16:16		A CORUÑA
387	705	PAULA MIRANTES SANTOS	F- 35	SUB20F- 2	00:27:42	00:05:01	00:27:39	00:05:00	00:16:11	CLUB MARINEDA ATLETICO	A CORUÑA
388	915	JOSÉ SANTOS FERNÁNDEZ VÁZQUEZ		VT2M- 104	00:27:43	00:05:01	00:27:34	00:04:59	00:16:11		LA CORUÑA
389	502	EVA SANCHEZ MARTINEZ	F- 36	VT3F- 3	00:27:43	00:05:01	00:27:21	00:04:57	00:16:27	MIXMASTER RUNNING	LA CORUÑA
390	105	FRANCISCO MASEDA CARBALLO		VT2M- 105	00:27:47	00:05:02	00:27:18	00:04:56	00:16:46	NO SPORT LIMIT	A CORUÑA
391	578	MARÍA BERMÚDEZ RODRÍGUEZ	F- 37	SNF- 13	00:27:48	00:05:02	00:27:29	00:04:58	00:16:33		LA CORUÑA
392	137	JULIAN MORENO MARTOS		VT3M- 40	00:27:48	00:05:02	00:27:11	00:04:55	00:16:58	SCHOOL RIDERS TEAM	LA CORUÑA
393	308	VÍCTOR MANUEL LEDO LEMA		VT2M- 106	00:27:49	00:05:02	00:27:30	00:04:58	00:16:31		LA CORUÑA
394	120	DANIEL CIUDAD CENDÁN		VT2M- 107	00:27:49	00:05:02	00:27:14	00:04:56	00:16:44	PATUKOS TIM RANIN	CORUÑA
395	704	VANESSA JUNCAL SANJURJO	F- 38	SUB20F- 3	00:27:49	00:05:02	00:27:46	00:05:01	00:16:35	AG2017720 CLUB ATLETISMO SANTIAGO	TEO
396	285	JOSÉ LUIS LÓPEZ RODRÍGUEZ		VT2M- 108	00:27:49	00:05:02	00:27:41	00:05:00	00:16:38		CULLEREDO
397	187	NATALIO LORENZO PINTOS		VT3M- 41	00:27:50	00:05:02	00:27:12	00:04:55	00:16:53		CULLEREDO
398	528	PILAR RAMOS SANCHEZ	F- 39	VT2F- 11	00:27:57	00:05:03	00:27:24	00:04:57	00:16:39		LA CORUÑA
399	492	LOLY LOSADA GARCIA	F- 40	VT3F- 4	00:27:57	00:05:03	00:27:25	00:04:58	00:16:32	CD GAS NATURAL FENOSA	CAMBRE
400	204	FERNANDO SANDÁ MACHO		VT3M- 42	00:27:59	00:05:04	00:27:27	00:04:58	00:16:34		MONDEGO - SADA
401	707	MARIA CARREGAL SOMME	F- 41	SUB20F- 4	00:28:02	00:05:04	00:27:59	00:05:04	00:16:14	CLUB MARINEDA ATLETICO	A CORUÑA
402	237	ALBERTO PEREZ MIRAMONTES		VT2M- 109	00:28:06	00:05:05	00:27:37	00:05:00	00:16:47		A CORUÑA
403	962	ALBA LOSADA DURAN	F- 42	SNF- 14	00:28:06	00:05:05	00:27:35	00:04:59	00:16:36		AS PONTES
404	306	RAUL TARDIO EZAMA		VT2M- 110	00:28:06	00:05:05	00:27:42	00:05:01	00:16:33		PERILLO
405	919	TOMÁS PÉREZ GARCÍA		VT1M- 87	00:28:10	00:05:06	00:27:36	00:05:00	00:16:52		LA CORUÑA
406	912	HUMBERTO JOSE RIBULLEN GOMEZ		VT2M- 111	00:28:10	00:05:06	00:28:04	00:05:05	00:16:33		FEANS
407	10	ARTURO RABUÑAL VAZQUEZ		VT4M- 7	00:28:12	00:05:06	00:27:45	00:05:01	00:16:57	AFICIONADO	MEICENDE
408	11	FERNANDO VAZQUEZ MARTINEZ		VT3M- 43	00:28:12	00:05:06	00:27:46	00:05:01	00:16:55	AFICIONADO	MEICENDE
409	276	JAVIER FERNÁNDEZ MARTÍNEZ		VT2M- 112	00:28:15	00:05:07	00:27:51	00:05:02	00:16:36		EL TEMPLE - CAMBRE
410	168	JUAN JOSE REDONDO LAGO		VT4M- 8	00:28:17	00:05:07	00:27:50	00:05:02	00:16:38		A CORUÑA
411	645	MIGUEL SILVEIRA ACOSTA		VT1M- 88	00:28:18	00:05:07	00:27:38	00:05:00	00:16:43		A CORUÑA
412	378	VALENTIN BARRAL VALES		VT1M- 89	00:28:19	00:05:07	00:27:56	00:05:03	00:16:54		BETANZOS
413	207	FRANCISCO ORRO ARCAZ		VT3M- 44	00:28:19	00:05:07	00:27:52	00:05:02	00:16:42		LA CORUÑA
414	316	IAGO GONZALEZ FERMOSE		VT1M- 90	00:28:20	00:05:08	00:28:08	00:05:05	00:15:55		A CORUÑA
415	431	JAVIER JOSÉ CAMPOS BREA		SNM- 109	00:28:21	00:05:08	00:27:51	00:05:02	00:16:30		A CORUÑA
416	570	ROCIO CAMPOS BREA	F- 43	VT1F- 10	00:28:21	00:05:08	00:27:52	00:05:02	00:16:30		CULLEREDO
417	21	FRANCISCO JAVIER RODRIGUEZ FERREIRO		VT3M- 45	00:28:21	00:05:08	00:28:12	00:05:06	00:16:16	ATLETAS DE ACEA DE AMA	CULLEREDO
418	650	JOSÉ GARCÍA GIL		VT1M- 91	00:28:22	00:05:08	00:27:56	00:05:03	00:16:41		A CORUÑA
419	500	MARILUZ SANDA GUERRA	F- 44	VT3F- 5	00:28:22	00:05:08	00:28:09	00:05:06	00:16:32	LA MOCHILA DEL DEPORTE	A BARCALA-CAMBRE
420	566	MARYEM SALI DUQUE	F- 45	VT1F- 11	00:28:23	00:05:08	00:28:00	00:05:04	00:17:00		A CORUÑA
421	602	ALBERTO MINIÑO OUJO		VT1M- 92	00:28:23	00:05:08	00:27:43	00:05:01	00:16:58	ALTAFIT GYM CLUB	PORTO DO SON
422	583	IRIA ARES CAMPO	F- 46	SNF- 15	00:28:24	00:05:08	00:28:16	00:05:07	00:16:38		A CORUÑA
423	494	PILAR MARQUIZ HERNANDEZ	F- 47	VT4F- 1	00:28:25	00:05:08	00:28:15	00:05:07	00:16:35	AG/769358 CLUB ATLETISMO SADA	A CORUÑA
424	352	MIGUEL LOPEZ CASTELO		VT1M- 93	00:28:25	00:05:08	00:28:04	00:05:05	00:16:55		A CORUÑA
425	483	YOLY VÁZQUEZ ESPASANDÍN	F- 48	SNF- 16	00:28:26	00:05:09	00:27:57	00:05:03	00:15:49	ALTAFIT GYM CLUB	LA CORUÑA
426	167	MARCELINO DE JUAN BARQUIN		VT4M- 9	00:28:27	00:05:09	00:28:02	00:05:04	00:16:53		LA CORUÑA
427	286	CARLOS ARMENTEROS LEÓN		VT2M- 113	00:28:29	00:05:09	00:28:01	00:05:04	00:16:38		A CORUÑA
428	169	BENIGNO GAREA CAO		VT3M- 46	00:28:32	00:05:10	00:28:12	00:05:06	00:16:40		A CORUÑA

429	548	ROCÍO ALFONSO PITA	F- 49	VT2F- 12	00:28:32	00:05:10	00:28:25	00:05:08	00:16:43			CULLEREDO
430	288	MARCOS FERREIRO VARELA		VT2M- 114	00:28:33	00:05:10	00:28:06	00:05:05	00:17:04			ARTEIXO
431	95	FRANCISCO JAVIER SALGADO BADÁS		VT1M- 94	00:28:33	00:05:10	00:27:58	00:05:04	00:17:17	AG-11168	INDRA RUNNERS	A CORUÑA
432	292	LUIS ANTONIO GARCIA		VT2M- 115	00:28:33	00:05:10	00:27:58	00:05:04	00:17:18	AG765560		CHANTADA
433	189	BENIGNO FUENTES VAZQUEZ		VT3M- 47	00:28:43	00:05:12	00:28:21	00:05:08	00:17:11			LA CORUÑA
434	170	JOSE GRELA RODRÍGUEZ		VT3M- 48	00:28:43	00:05:12	00:28:31	00:05:10	00:16:48			LA CORUÑA
435	913	ALBERTO JESUS SANCHEZ REGUEIRO		VT2M- 116	00:28:43	00:05:12	00:28:14	00:05:06	00:16:47			A CORUÑA
436	952	VANESSA GARCÍA CUCÓ	F- 50	VT1F- 12	00:28:43	00:05:12	00:28:29	00:05:09	00:16:41			VALENCIA
437	355	ÓSCAR LOPEZ BLANCO		VT1M- 95	00:28:43	00:05:12	00:28:11	00:05:06	00:16:39			A CORUÑA
438	930	JAVIER VIEIRO MENÉNDEZ		SNM- 110	00:28:44	00:05:12	00:28:31	00:05:10	00:17:22			OLEIROS
439	539	CHEFFI LUGRIS FRAGA	F- 51	VT2F- 13	00:28:45	00:05:12	00:28:10	00:05:06	00:17:16			A CORUÑA
440	213	EMILIO SANGIL DEL RÍO		VT3M- 49	00:28:45	00:05:12	00:28:10	00:05:06	00:17:01			A CORUÑA
441	119	MIGUEL DEZA RODRIGUEZ		VT2M- 117	00:28:46	00:05:12	00:28:10	00:05:06	00:17:17	AG 767352	PATUKOS	A CORUÑA
442	649	FERNANDO ANIDO ESTEVEZ		VT1M- 96	00:28:48	00:05:13	00:28:19	00:05:07	00:17:08			A CORUÑA
443	149	HÉCTOR ANTONIO ANDRADE		SNM- 111	00:28:49	00:05:13	00:28:20	00:05:08	00:16:37		TERRA DE SONEIRA C.D.	VIMIANZO
444	436	JOSE DAVID RÍOS LESTA		SNM- 112	00:28:51	00:05:13	00:28:26	00:05:09	00:17:05			A CORUÑA
445	581	KATIA LADO SANJURJO	F- 52	SNF- 17	00:28:52	00:05:13	00:28:35	00:05:10	00:16:59			A CORUÑA
446	61	JAVIER MIRA MAROÑAS		VT1M- 97	00:28:57	00:05:14	00:28:32	00:05:10	00:16:41		CLUB ATLETISMO SADA	PERILLO
447	622	TINO MATO TOJO		VT2M- 118	00:28:59	00:05:15	00:28:19	00:05:07	00:17:05		TRASNOS CORUÑA	CULLEREDO
448	15	FRANCISCO DE LA IGLESIA VAZQUEZ		VT1M- 98	00:29:02	00:05:15	00:28:31	00:05:10	00:17:06		ALTAFIT GYM CLUB	A CORUÑA
449	911	JAIMÉ ESTÉVEZ VIDAL		VT2M- 119	00:29:02	00:05:15	00:28:54	00:05:14	00:17:20			A CORUÑA
450	615	JOSÉ FERNANDO TRILLO CARLÍN		VT2M- 120	00:29:02	00:05:15	00:28:41	00:05:11	00:17:10	52434314	FOGAR TRIATLON CARBALLO	CARBALLO
451	646	DANIEL FARIÑA SANCHEZ		VT1M- 99	00:29:03	00:05:15	00:28:41	00:05:11	00:16:51			A CORUÑA
452	714	ANA BELEN HERMIDA CARBALLO	F- 53	VT1F- 13	00:29:04	00:05:16	00:28:51	00:05:13	00:16:45	AG2016960	LA MOCHILA DEL DEPORTE	A CORUÑA
453	508	ANA VIGO BARREIRA	F- 54	VT2F- 14	00:29:07	00:05:16	00:28:57	00:05:14	00:17:01		RUNNING OLEIROS	A CORUÑA
454	361	JOSE LUIS CEREIJO BLANCO		VT1M- 100	00:29:08	00:05:16	00:28:28	00:05:09	00:16:54			CARBALLO
455	517	SILVIA SÁNCHEZ BASCOY	F- 55	VT3F- 6	00:29:11	00:05:17	00:29:02	00:05:15	00:17:06			A CORUÑA
456	123	JESÚS CASÁS LÓPEZ		VT2M- 121	00:29:13	00:05:17	00:28:39	00:05:11	00:17:46		RANING	A CORUÑA
457	907	JOSE LOPEZ SOTO		VT3M- 50	00:29:15	00:05:18	00:28:57	00:05:14	00:17:13			PERILLO-OLEIROS
458	560	MARTA MELLA SEIJIDO	F- 56	VT1F- 14	00:29:17	00:05:18	00:28:33	00:05:10	00:17:46			EL TEMPLE, CAMBRE
459	222	REINALDO GONZALEZ PEDREIRA		VT3M- 51	00:29:21	00:05:19	00:28:51	00:05:13	00:17:32			A CORUÑA
460	934	JOSE FRANCISCO Balsa GONZÁLEZ		SNM- 113	00:29:21	00:05:19	00:29:00	00:05:15	00:16:59			A CORUÑA
461	752	TANIA OTERO FERNÁNDEZ	F- 57	SNF- 18	00:29:23	00:05:19	00:28:59	00:05:15	00:16:58			A CORUÑA
462	335	VICTOR MANUEL ALVAREZ TABOADA		VT1M- 101	00:29:24	00:05:19	00:29:01	00:05:15	00:17:24			A CORUÑA
463	416	MARCOS CASTELO PRADO		SNM- 114	00:29:25	00:05:19	00:28:44	00:05:12	00:17:39			A CORUÑA
464	329	MIGUEL MANEIRO		VT1M- 102	00:29:26	00:05:19	00:28:42	00:05:12	00:17:32			LA CORUÑA
465	193	CARLOS DE LUIS CARBALLADA		VT3M- 52	00:29:26	00:05:19	00:29:01	00:05:15	00:16:45			A CORUÑA
466	384	JORGE BLANCO MARTIÑO		VT1M- 103	00:29:27	00:05:20	00:29:11	00:05:17	00:17:11			A CORUÑA
467	185	FERNANDO RODRÍGUEZ VÁZQUEZ		VT3M- 53	00:29:28	00:05:20	00:29:28	00:05:20	00:17:34			ARANGA
468	636	FRAN MARTINEZ GONZALEZ		VT2M- 122	00:29:29	00:05:20	00:28:55	00:05:14	00:17:33			LA CORUÑA
469	903	YUMAN LOUZAO MELLA		VT2M- 123	00:29:30	00:05:20	00:28:49	00:05:13	00:18:01		BEER RUNNERS CORUÑA	A CORUÑA
470	191	MANUEL JAVIER MUÑIZ SEIJAS		VT3M- 54	00:29:30	00:05:20	00:28:52	00:05:13	00:18:12			A CORUÑA
471	683	IAGO ARMIÑO FRANCO		SNM- 115	00:29:32	00:05:20	00:28:54	00:05:14	00:17:39			VIGO
472	461	MARCOS BRANDARIZ QUINTEIRO		SNM- 116	00:29:32	00:05:21	00:29:07	00:05:16	00:17:51			A CORUÑA
473	417	YAGO DOPAZO PENÍN		SNM- 117	00:29:32	00:05:21	00:28:59	00:05:15	00:17:38			A CORUÑA
474	633	PABLO JOSÉ GARCÍA SUÁREZ		VT2M- 124	00:29:33	00:05:21	00:29:01	00:05:15	00:17:16			A CORUÑA
475	944	IVÁN NOGUEROL DIZ		SNM- 118	00:29:33	00:05:21	00:28:59	00:05:15	00:17:39		ICLOTURISTA	OZA-CESURAS
476	239	GUILLERMO MALDONADO AVILA		VT2M- 125	00:29:35	00:05:21	00:29:17	00:05:18	00:17:30			O BURGO, CULLEREDO

477	473	DAVID RASCADO DOPICO		SNM- 119	00:29:37	00:05:21	00:29:24	00:05:19	00:17:14		CARRAL
478	342	JUAN ALVAREZ		VT1M- 104	00:29:39	00:05:22	00:29:26	00:05:19	00:17:22		CORUÑA
479	928	JAVIER CRUZ VÁZQUEZ		SNM- 120	00:29:41	00:05:22	00:29:29	00:05:20	00:17:22		OLEIROS
480	908	JULIO BARRAL IGLESIAS		VT3M- 55	00:29:42	00:05:22	00:29:14	00:05:17	00:17:37		LA CORUÑA
481	252	JOSE CARVALLO CAVERO		VT2M- 126	00:29:44	00:05:23	00:29:00	00:05:15	00:17:47		A CORUÑA
482	379	SERGIO RODRIGUEZ RODRIGUEZ		VT1M- 105	00:29:44	00:05:23	00:29:24	00:05:19	00:17:37		LUBRE - BERGONDO
483	547	TRINIDAD CORRAL ARES	F- 58	VT2F- 15	00:29:44	00:05:23	00:29:35	00:05:21	00:17:33		LA CORUÑA
484	774	ANDRES DOPICO PENA		VT2M- 127	00:29:48	00:05:23	00:29:12	00:05:17	00:17:40		IRIXOA
485	311	MANUEL LÓPEZ PETINAL		VT1M- 106	00:29:50	00:05:24	00:29:08	00:05:16	00:17:51		A CORUÑA
486	381	JUAN MANUEL RODRIGUEZ PUGA		VT1M- 107	00:29:52	00:05:24	00:29:14	00:05:17	00:17:53		OURENSE
487	631	JULIO CESAR RODRIGUEZ PEDRON		VT2M- 128	00:29:53	00:05:24	00:29:34	00:05:21	00:17:44	09411899T	A CORUÑA
488	35	JULIO GARCIA FACHAL		VT1M- 108	00:29:54	00:05:25	00:29:35	00:05:21	00:17:43	A/9152	ATLETISMO CORUÑA COMARCA
489	456	ALEJANDRO LARRAURI PAJON		SNM- 121	00:29:54	00:05:25	00:29:08	00:05:16	00:18:13		A CORUÑA
490	552	PATRICIA BARREIRA RODRIGUEZ	F- 59	VT2F- 16	00:29:57	00:05:25	00:29:45	00:05:23	00:17:51		A CORUÑA
491	925	ROBERTO CONCHEIRO MESIAS		VT1M- 109	00:30:00	00:05:26	00:29:24	00:05:19	00:18:00		CERCEDA
492	216	GONZALO LOPEZ MARTIN		VT3M- 56	00:30:00	00:05:26	00:29:15	00:05:17	00:18:16		A CORUÑA
493	535	MARÍA LUZ RODRÍGUEZ GARCÍA	F- 60	VT2F- 17	00:30:01	00:05:26	00:29:33	00:05:21	00:17:50		A CORUÑA
494	190	AGUSTIN TORAL		VT3M- 57	00:30:07	00:05:27	00:29:59	00:05:25	00:17:27		A CORUÑA
495	614	EVARISTO MARTINEZ BARALLOBRE		VT3M- 58	00:30:09	00:05:27	00:29:34	00:05:21	00:18:00		CRAT - UDC
496	326	DAVID DÍAZ PÉREZ		VT1M- 110	00:30:12	00:05:28	00:29:30	00:05:20	00:18:17		CORUÑA
497	210	SANTIAGO EIRIS LOPEZ		VT3M- 59	00:30:14	00:05:28	00:29:45	00:05:23	00:17:44		A CORUÑA
498	370	ALEJANDRO SANTOS SÁNCHEZ		VT1M- 111	00:30:15	00:05:28	00:29:51	00:05:24	00:16:54		BETANZOS
499	490	PILAR VÁZQUEZ FEBRERO	F- 61	SNF- 19	00:30:15	00:05:28	00:29:51	00:05:24	00:17:47		BEER RUNNERS CORUÑA
500	750	CLARA FERNÁNDEZ GARCÉS	F- 62	SNF- 20	00:30:18	00:05:29	00:30:04	00:05:26	00:17:54		A CORUÑA
501	525	LYDIA MARTINEZ MOUTON	F- 63	VT2F- 18	00:30:18	00:05:29	00:30:02	00:05:26	00:17:42		ARTEIXO
502	575	VANESSA PAZ ABRUÑEDO	F- 64	SNF- 21	00:30:20	00:05:29	00:29:47	00:05:23	00:18:22		A CORUÑA
503	554	MARIA MANTIÑAN PAREDES	F- 65	VT1F- 15	00:30:20	00:05:29	00:29:52	00:05:24	00:17:58		A CORUÑA
504	412	ALEJANDRO PAZOS SÁNCHEZ		SNM- 122	00:30:21	00:05:29	00:29:44	00:05:23	00:18:07		A CORUÑA
505	549	ARANTXA ABAD PEREZ	F- 66	VT2F- 19	00:30:22	00:05:30	00:30:05	00:05:27	00:17:28		A CORUÑA
506	744	LUCÍA VAL PEÓN	F- 67	VT1F- 16	00:30:22	00:05:30	00:29:56	00:05:25	00:18:04		LA CORUÑA
507	668	RICARDO BOQUETE VEIGA		VT1M- 112	00:30:22	00:05:30	00:29:56	00:05:25	00:18:04		LA CORUÑA
508	732	MARÍA JESÚS GARCÍA CAPARRÓS	F- 68	VT2F- 20	00:30:27	00:05:31	00:29:42	00:05:22	00:18:23		A CORUÑA
509	211	JOSE ANTONIO LOPEZ LOPEZ		VT3M- 60	00:30:28	00:05:31	00:29:55	00:05:25	00:18:10		A CORUÑA
510	65	EDUARDO NISTAL GARCIA		VT2M- 129	00:30:30	00:05:31	00:30:19	00:05:29	00:17:56		CLUB CICLISTA EO
511	202	JOSE ABEL COTELO SUÁREZ		VT3M- 61	00:30:33	00:05:32	00:30:03	00:05:26	00:18:08		A CORUÑA
512	284	ROLAND NUÑEZ PRIETO		VT2M- 130	00:30:38	00:05:32	00:30:23	00:05:30	00:18:23		A CORUÑA
513	675	DIEGO LOPEZ VILLAR		SNM- 123	00:30:38	00:05:33	00:29:53	00:05:24	00:18:13		LA CORUÑA
514	641	ANTONIO PLATAS LAREO		VT2M- 131	00:30:38	00:05:33	00:29:53	00:05:24	00:18:13		LA CORUÑA
515	582	JESSICA BUSTO DURÁN	F- 69	SNF- 22	00:30:39	00:05:33	00:30:30	00:05:31	00:17:42		SADA
516	712	ANA MARÍA PÉREZ SÁNCHEZ	F- 70	VT2F- 21	00:30:42	00:05:33	00:30:26	00:05:30	00:18:06		LA MOCHILA DEL DEPORTE
517	947	CATALINA SANTOS CARRO	F- 71	VT2F- 22	00:30:42	00:05:33	00:30:27	00:05:31	00:18:02		LA MOCHILA DEL DEPORTE
518	710	SUSANA SOMME LOPEZ	F- 72	VT2F- 23	00:30:44	00:05:33	00:30:28	00:05:31	00:18:04		LA MOCHILA DEL DEPORTE
519	739	CRISTINA FERREIRO BRANDON	F- 73	VT1F- 17	00:30:45	00:05:34	00:30:30	00:05:31	00:17:56		OLEIROS
520	626	JOAQUIN PEREZ REY		VT3M- 62	00:30:45	00:05:34	00:30:04	00:05:26	00:18:25		CAMBRE
521	268	MARIO SANTANA GOMEZ		VT2M- 132	00:30:46	00:05:34	00:30:05	00:05:26	00:18:22		EL TEMPLE. CAMBRE
522	532	MARTA MUÑOZ PÉREZ	F- 74	VT2F- 24	00:30:47	00:05:34	00:30:26	00:05:30	00:17:51		A CORUÑA
523	651	ALEJANDRO DE LORENZO LOSADA		VT1M- 113	00:30:47	00:05:34	00:30:20	00:05:29	00:18:30		A CORUÑA
524	181	JUAN CARLOS MENÉNDEZ DOMÍNGUEZ		VT3M- 63	00:30:48	00:05:34	00:30:43	00:05:33	00:17:58		ARTEIXO

525	910	LUIS ALBERTO FERNÁNDEZ PARADA		VT2M- 133	00:30:49	00:05:34	00:30:21	00:05:29	00:18:16		CAMBRE
526	183	RAÚL GALAN CERVERO		VT3M- 64	00:30:50	00:05:35	00:30:13	00:05:28	00:18:21		A CORUÑA
527	655	ALBERTO RODRIGUEZ LAPIDO		VT1M- 114	00:30:51	00:05:35	00:30:08	00:05:27	00:18:16		A CORUÑA
528	572	LUCIA VAZQUEZ BLANCO	F- 75	SNF- 23	00:30:56	00:05:36	00:30:23	00:05:30	00:18:22		A CORUÑA
529	580	MARÍA TERESA ROMERO RAMOS	F- 76	SNF- 24	00:30:58	00:05:36	00:30:18	00:05:29	00:18:19		A CORUÑA
530	429	NICOLAS TRIPODI		SNM- 124	00:30:58	00:05:36	00:30:18	00:05:29	00:18:19		A CORUÑA
531	86	JOSE FRANCISCO COBAS RODRIGUEZ		VT4M- 10	00:31:05	00:05:37	00:30:15	00:05:28	00:18:36	CRAT	A CORUÑA
532	184	JUAN MANUEL PEREZ FERNÁNDEZ		VT3M- 65	00:31:05	00:05:37	00:30:23	00:05:30	00:18:14		A CORUÑA
533	625	PEDRO LUIS FERNÁNDEZ SUÁREZ		VT3M- 66	00:31:06	00:05:37	00:30:36	00:05:32	00:18:15		LA CORUÑA
534	759	PAMELA DA SILVA ÁLVAREZ	F- 77	SNF- 25	00:31:07	00:05:38	00:30:42	00:05:33	00:18:38		A CORUÑA
535	936	ADRIÁN VÁZQUEZ MANEIRO		SNM- 125	00:31:08	00:05:38	00:30:42	00:05:33	00:17:52		A CORUÑA
536	465	DANIEL FERNANDEZ SUAREZ		SNM- 126	00:31:10	00:05:38	00:28:48	00:05:13	00:19:10		A CORUÑA
537	713	MARÍA HERMIDA CARBALLO	F- 78	VT2F- 25	00:31:17	00:05:39	00:31:01	00:05:37	00:18:25	LA MOCHILA DEL DEPORTE	A CORUÑA
538	726	ROSARIO SILVEIRA QUEIJAS	F- 79	VT2F- 26	00:31:19	00:05:40	00:30:45	00:05:34	00:18:34		LA CORUÑA
539	562	BELEN F.C.	F- 80	VT1F- 18	00:31:19	00:05:40	00:30:46	00:05:34	00:18:32		A CORUÑA
540	345	LUIS VIÑA DOMÍNGUEZ		VT1M- 115	00:31:23	00:05:41	00:31:09	00:05:38	00:18:06		A CORUÑA
541	557	IRIA DOMÍNGUEZ VILAS	F- 81	VT1F- 19	00:31:29	00:05:42	00:30:53	00:05:35	00:18:50		A CORUÑA
542	758	SHIRLEY CAROLINA GARCÉS SOTO	F- 82	SNF- 26	00:31:34	00:05:43	00:30:58	00:05:36	00:18:49		A CORUÑA
543	224	JOSE LUIS VILLAR MORCILLO		VT3M- 67	00:31:35	00:05:43	00:31:16	00:05:39	00:18:30		A CORUÑA
544	550	SONIA MARÍA CARRO RIOS	F- 83	VT2F- 27	00:31:35	00:05:43	00:31:21	00:05:40	00:18:40		A CORUÑA
545	501	MANUELA FILGUEIRAS BARRO	F- 84	VT3F- 7	00:31:37	00:05:43	00:31:18	00:05:40	00:18:34	MFB	CULLEREDO
546	110	BORJA FERNÁNDEZ BERMÚDEZ		VT2M- 134	00:31:37	00:05:43	00:30:55	00:05:36	00:18:45	NOSPORTLIMIT	A CORUÑA
547	565	VERONICA MOSQUERA SILVA	F- 85	VT1F- 20	00:31:37	00:05:43	00:30:55	00:05:36	00:18:45		A CORUÑA
548	617	ANGEL DELGADO BARONA		VT2M- 135	00:31:38	00:05:43	00:31:05	00:05:37	00:18:43	LOSPEZES	LA CORUÑA
549	496	INMA MELENDREZ TAPIA	F- 86	VT2F- 28	00:31:38	00:05:43	00:31:07	00:05:38	00:18:41	CLUB ATLETISMO SADA	OLEIROS
550	526	BELEN RODRÍGUEZ SALAS	F- 87	VT2F- 29	00:31:38	00:05:43	00:31:10	00:05:38	00:18:26		A CORUÑA
551	932	EDUARDO FERNANDEZ COLLAZO		SNM- 127	00:31:39	00:05:44	00:31:15	00:05:39	00:19:09		A CORUÑA
552	99	ALEJANDRO CONDE LÓPEZ		SNM- 128	00:31:48	00:05:45	00:31:33	00:05:42	00:18:22	MESOIRO RUNNING	A CORUÑA
553	723	YOLANDA BUGÍA RODRÍGUEZ	F- 88	VT2F- 30	00:31:49	00:05:45	00:31:41	00:05:44	00:18:33		A CORUÑA
554	529	NIEVES PEDREIRA SOUTO	F- 89	VT2F- 31	00:31:50	00:05:45	00:31:41	00:05:44	00:18:31		OLEIROS
555	359	IVAN BERMUDEZ BRAVO		VT1M- 116	00:31:54	00:05:46	00:31:11	00:05:38	00:18:52		A CORUÑA
556	545	CRISTINA FERREIRO MUÑIZ	F- 90	VT2F- 32	00:31:58	00:05:47	00:31:40	00:05:44	00:18:47		A CORUÑA
557	374	DAVID VIDAL MONASTERIO		VT1M- 117	00:31:59	00:05:47	00:31:32	00:05:42	00:18:49		LA CORUÑA
558	520	BEGOÑA SÁNCHEZ ZABALA	F- 91	VT3F- 8	00:32:11	00:05:49	00:31:25	00:05:41	00:19:39		A CORUÑA
559	536	CARMEN BENAVIDES SEOANE	F- 92	VT2F- 33	00:32:12	00:05:50	00:31:35	00:05:43	00:19:30		CAMBRE
560	514	INES VALIÑO CALVIÑO	F- 93	VT1F- 21	00:32:13	00:05:50	00:31:39	00:05:44	00:18:41	TRIATLON ARTEIXO	BETANZOS
561	737	VANESA FERNÁNDEZ	F- 94	VT1F- 22	00:32:14	00:05:50	00:31:39	00:05:43	00:19:06		CORUÑA
562	741	CLAUDIA IVETTE AZAÑA GARCIA	F- 95	VT1F- 23	00:32:17	00:05:50	00:31:36	00:05:43	00:19:10		A CORUÑA
563	88	XABIER RIVAS MARTÍNEZ		SNM- 129	00:32:17	00:05:50	00:31:37	00:05:43	00:19:08	TRIATLÓN MAC ECOSPORT ALCOBENDAS	ALGETE
564	217	AVELINO DOPAZO PONTE		VT3M- 68	00:32:18	00:05:51	00:31:53	00:05:46	00:19:08		SADA
565	749	CRISTINA FERNÁNDEZ	F- 96	SNF- 27	00:32:21	00:05:51	00:32:04	00:05:48	00:19:07		OLEIROS
566	956	ELENA SEIXAS BELLIDO	F- 97	VT1F- 24	00:32:22	00:05:51	00:31:36	00:05:43	00:19:43		A CORUÑA
567	538	SANDRA FERNANDEZ CARRERA	F- 98	VT2F- 34	00:32:22	00:05:51	00:32:14	00:05:50	00:19:14		OLEIROS
568	341	ALBERTO COUSELO CALVIÑO		VT1M- 118	00:32:29	00:05:53	00:31:59	00:05:47	00:18:58		A CORUÑA
569	760	DEISY FERNÁNDEZ FERNÁNDEZ	F- 99	SNF- 28	00:32:31	00:05:53	00:32:15	00:05:50	00:19:08		OLEIROS
570	524	MARIA DEL ROSARIO CRESPO MERELAS	F- 100	VT3F- 9	00:32:35	00:05:54	00:32:10	00:05:49	00:19:36		A CORUÑA
571	579	VANESA FELPETO BABÍO	F- 101	SNF- 29	00:32:37	00:05:54	00:32:02	00:05:48	00:19:15		SADA
572	624	PEDRO DOMINGO VÁZQUEZ JOVE		VT4M- 11	00:32:38	00:05:54	00:32:16	00:05:50	00:18:58		A CORUÑA

573	53 FLORENTINO MÉNDEZ GÓMEZ		VT4M- 12	00:32:49	00:05:56	00:32:33	00:05:53	00:19:42		CLUB ATLETISMO SADA	SADA
574	961 MARIA ZARZOSA ESTEVEZ	F- 102	SNF- 30	00:32:51	00:05:56	00:32:13	00:05:50	00:19:34			A LARACHA
575	601 JOSE SANTIAGO RUEDA ROMERO		VT2M- 136	00:32:57	00:05:58	00:32:17	00:05:50	00:19:14		ALTAFIT GYM CLUB	LA CORUÑA
576	221 CARLOS QUINTAS VILA		VT3M- 69	00:33:03	00:05:59	00:32:17	00:05:50	00:19:58			A CORUÑA
577	188 JOAO CARLOS PINTO DA CUNHA PIMENTA		VT3M- 70	00:33:05	00:05:59	00:32:41	00:05:55	00:19:15			PERRILLO (OLEIROS)
578	965 BEATRIZ GONZALEZ MACEIRA	F- 103	VT2F- 35	00:33:07	00:05:59	00:32:41	00:05:55	00:19:40			A CORUÑA
579	725 ÁNGELES RESPINO SOUTO	F- 104	VT2F- 36	00:33:17	00:06:01	00:32:49	00:05:56	00:19:36			A CORUÑA
580	748 FATIMA FREIRE CASTRO	F- 105	SNF- 31	00:33:20	00:06:02	00:32:45	00:05:55	00:19:39			A CORUÑA
581	160 JESÚS BERNAL GÓMEZ		VT4M- 13	00:33:33	00:06:04	00:33:21	00:06:02	00:20:24			FERROL
582	722 CRISTINA ANLLO NAVEIRAS	F- 106	VT2F- 37	00:33:34	00:06:04	00:32:48	00:05:56	00:20:12			A CORUÑA
583	201 EZEQUIEL FERNANDEZ GUINDA		VT3M- 71	00:33:34	00:06:04	00:32:49	00:05:56	00:20:10			LA CORUÑA
584	918 SERGIO CALVO		VT2M- 137	00:33:36	00:06:05	00:32:52	00:05:57	00:20:16			CORUÑA
585	698 ANDRÉS FONTALIZA RODRÍGUEZ		SNM- 130	00:33:39	00:06:05	00:32:54	00:05:57	00:20:18			A CORUÑA
586	964 VANESA FUENTES REGUEIRO	F- 107	SUB20F- 5	00:33:41	00:06:06	00:33:18	00:06:01	00:19:27			A CORUÑA
587	763 REBECA CRREIRA COTELO	F- 108	SUB20F- 6	00:33:42	00:06:06	00:33:05	00:05:59	00:19:38			A CORUÑA
588	495 CARMEN CASAS PÉREZ	F- 109	VT3F- 10	00:33:45	00:06:06	00:33:28	00:06:03	00:20:11		CLUB ATLETISMO SADA	SADA
589	122 SERGIO LÓPEZ REY		VT1M- 119	00:33:48	00:06:07	00:33:11	00:06:00	00:19:37	AG 767348	PATUKOS TIM RANIN	A CORUÑA
590	953 AURORA YENIL VARELA CABRERA	F- 110	VT1F- 25	00:33:49	00:06:07	00:33:37	00:06:05	00:19:46			LA CORUÑA
591	7 MARCOS AMADO LOUREIRO		VT2M- 138	00:33:50	00:06:07	00:33:35	00:06:04	00:18:56		CICLOTURISTA AD DOWNHILL	A LARACHA
592	682 JOSE MANUEL RODRIGUEZ MARTINEZ		SNM- 131	00:33:54	00:06:08	00:33:48	00:06:07	00:18:51			CARRAL
593	727 LAURA DEL RÍO QUIROGA	F- 111	VT2F- 38	00:33:58	00:06:09	00:33:36	00:06:05	00:20:03			A CORUÑA
594	708 PAULA CARREGAL SOMME	F- 112	SUB23F- 1	00:34:09	00:06:11	00:33:41	00:06:06	00:19:41		CLUB SYSCA	A CORUÑA
595	327 MANUEL LÓPEZ CASCALLAR		VT1M- 120	00:34:09	00:06:11	00:33:41	00:06:06	00:20:23			A CORUÑA
596	571 PATRICIA CASTRO VILA	F- 113	VT1F- 26	00:34:10	00:06:11	00:33:42	00:06:06	00:20:23			A CORUÑA
597	730 OLGA RODRIGUEZ SANCHEZ	F- 114	VT2F- 39	00:34:12	00:06:11	00:33:47	00:06:07	00:20:17			A CORUÑA
598	518 PURI LÓPEZ FIDALGO	F- 115	VT3F- 11	00:34:23	00:06:13	00:33:44	00:06:06	00:20:22			CULLEREDO
599	755 SABELA GONZALEZ MARTINEZ	F- 116	SNF- 32	00:34:25	00:06:13	00:33:46	00:06:06	00:20:23			A CORUÑA
600	935 OSCAR GALAN ADEGA		SNM- 132	00:34:25	00:06:14	00:33:47	00:06:07	00:20:22			A CORUÑA
601	728 PILAR LETONA	F- 117	VT2F- 40	00:34:27	00:06:14	00:34:14	00:06:12	00:20:27			LA CORUÑA
602	630 JAVIER CONEJO GUTIERREZ		VT2M- 139	00:34:28	00:06:14	00:33:54	00:06:08	00:19:55			A CORUÑA
603	234 LUIS SÁNCHEZ SANTOS		VT2M- 140	00:34:32	00:06:15	00:34:12	00:06:11	00:20:09			A CORUÑA
604	657 JUAN GONZALEZ TORRES		VT1M- 121	00:34:33	00:06:15	00:33:52	00:06:07	00:20:13			LA CORUÑA
605	948 MARTA GONZÁLEZ RAMOS	F- 118	VT2F- 41	00:34:34	00:06:15	00:34:18	00:06:12	00:20:42		LA MOCHILA DEL DEPORTE	A CORUÑA
606	718 CONCHI FERRADÁS RODRÍGUEZ	F- 119	VT3F- 12	00:34:34	00:06:15	00:34:17	00:06:12	00:20:12			CULLEREDO
607	733 MARÍA ALICIA CARRO DOCAMPO	F- 120	VT2F- 42	00:34:34	00:06:15	00:34:17	00:06:12	00:20:11			NOVO MESOIRO
608	743 IRMA GARCIA LOPEZ	F- 121	VT1F- 27	00:34:38	00:06:16	00:34:01	00:06:09	00:20:55			LA CORUÑA
609	762 NORIYIS BARRIOS NAVAS	F- 122	SNF- 33	00:34:40	00:06:16	00:34:33	00:06:15	00:20:04			CARRAL
610	957 ROCIO CARRAL SEIJAS	F- 123	SNF- 34	00:34:40	00:06:16	00:34:01	00:06:09	00:20:41			A CORUÑA
611	917 JOSE MANUEL PLATAS MANCHO		VT2M- 141	00:34:41	00:06:16	00:34:01	00:06:09	00:20:41			A CORUÑA
612	753 LARA IGLESIAS SANTOMÉ	F- 124	SNF- 35	00:34:48	00:06:18	00:34:09	00:06:11	00:20:28			VIGO
613	507 PILAR HERMO GOMEZ	F- 125	VT4F- 2	00:34:50	00:06:18	00:34:23	00:06:13	00:20:43		RUNNING OLEIROS	A CORUÑA
614	950 SUSANA MARÍA NAVEIRA CAMPOS	F- 126	VT2F- 43	00:34:52	00:06:18	00:34:15	00:06:12	00:21:17			A CORUÑA
615	482 CRISTINA SANCHEZ LOPEZ	F- 127	VT2F- 44	00:34:54	00:06:19	00:34:38	00:06:16	00:20:29		AD DOWNHILL	A LARACHA
616	31 PABLO RAFAEL PRIETO CASAL		VT3M- 72	00:35:00	00:06:20	00:34:13	00:06:11	00:21:03		ATLETISMO CLUB SOCIAL BANCO PASTOR	A CORUÑA
617	522 TERESA DE LA CRUZ RODRÍGUEZ	F- 128	VT3F- 13	00:35:05	00:06:21	00:34:47	00:06:18	00:20:55			A CORUÑA
618	555 MARÍA MARTÍNEZ MOSQUERA	F- 129	VT1F- 28	00:35:05	00:06:21	00:34:47	00:06:18	00:20:55			A CORUÑA
619	642 OSCAR MANRUBIA BALADO		VT2M- 142	00:35:10	00:06:22	00:34:30	00:06:14	00:20:37			A CORUÑA
620	20 ANTONIO GARCIA BELLO		VT3M- 73	00:35:11	00:06:22	00:34:38	00:06:16	00:20:41		ATLETAS DE ACEA DE AMA	EL TEMPLE

621	731 ANA BELEN FERNÁNDEZ RIOS	F- 130	VT2F- 45	00:35:13	00:06:22	00:35:00	00:06:20	00:20:35		A CORUÑA
622	546 BELÉN PARDO FARIÑA	F- 131	VT2F- 46	00:35:19	00:06:23	00:34:58	00:06:19	00:21:08		A CORUÑA
623	558 ANA ALVARIÑAS GÓMEZ	F- 132	VT1F- 29	00:35:23	00:06:24	00:34:59	00:06:20	00:20:39		A CORUÑA
624	692 AUGUSTO MOSQUERA BLANCO		SNM- 133	00:35:25	00:06:24	00:34:59	00:06:20	00:20:58		OURENSE
625	711 SONIA MIGUEZ VARELA	F- 133	VT2F- 47	00:35:33	00:06:26	00:35:17	00:06:23	00:20:58	LA MOCHILA DEL DEPORTE	A CORUÑA
626	706 LUCIA CHAS VILLAVERDE	F- 134	SUB20F- 7	00:35:35	00:06:26	00:35:32	00:06:26	00:20:14	CLUB MARINEDA ATLETICO	A CORUÑA
627	719 VERÓNICA FEÁS SAAVEDRA	F- 135	VT3F- 14	00:35:39	00:06:27	00:35:10	00:06:22	00:21:03		A CORUÑA
628	909 MANU RODRIGUEZ SUAREZ		VT3M- 74	00:35:44	00:06:28	00:35:11	00:06:22	00:20:50		CAMBRE
629	688 PABLO RODRIGUEZ FERRIO		SNM- 134	00:35:48	00:06:28	00:35:20	00:06:23	00:20:25		A CORUÑA
630	537 MARÍA CRISTINA MOSQUERA MAREQUE	F- 136	VT2F- 48	00:35:49	00:06:29	00:35:13	00:06:22	00:21:11		A CORUÑA
631	569 RAQUEL VÁZQUEZ SÁNCHEZ	F- 137	VT1F- 30	00:35:49	00:06:29	00:35:14	00:06:22	00:21:11		A CORUÑA
632	584 MARTA LÓPEZ MORALES	F- 138	SNF- 36	00:35:57	00:06:30	00:35:20	00:06:24	00:21:47		A CORUÑA
633	717 TANIA PORTA BUJÁN	F- 139	VT2F- 49	00:36:06	00:06:32	00:35:27	00:06:25	00:21:29	RUNNING OLEIROS	OLEIROS
634	742 ELENA LÓPEZ FERNÁNDEZ	F- 140	VT1F- 31	00:36:06	00:06:32	00:35:27	00:06:25	00:21:28		A CORUÑA
635	486 M.CRUIZ RODRIGUEZ SUAREZ	F- 141	VT2F- 50	00:36:08	00:06:32	00:35:36	00:06:26	00:21:23	ATLETAS DE ACEA DE AMA	A CORUÑA
636	585 SABELA CARIDAD GARCIA	F- 142	SNF- 37	00:36:17	00:06:34	00:35:34	00:06:26	00:22:01		SADA
637	543 MARIA LOPEZ	F- 143	VT2F- 51	00:36:44	00:06:39	00:36:05	00:06:32	00:21:43		CERCEDA
638	576 KARINA LOPEZ	F- 144	SNF- 38	00:36:44	00:06:39	00:36:05	00:06:32	00:21:43		CERCEDA
639	709 SARA FUENTES NIETO	F- 145	VT2F- 52	00:37:07	00:06:43	00:36:51	00:06:40	00:21:30	LA MOCHILA DEL DEPORTE	A CORUÑA
640	287 IVÁN PREGO		VT2M- 143	00:37:11	00:06:43	00:36:28	00:06:36	00:22:56		A CORUÑA
641	735 IDOYA DURÁN VILA	F- 146	VT2F- 53	00:37:29	00:06:47	00:36:45	00:06:39	00:22:01		OLEIROS
642	542 LUISA MORANO LISTA	F- 147	VT2F- 54	00:37:40	00:06:49	00:36:57	00:06:41	00:22:26		ARTEIXO
643	394 RUBEN MUÑOZ LOPEZ		SNM- 135	00:37:45	00:06:50	00:37:02	00:06:42	00:21:56	CICLOTURISTA	A CORUÑA
644	653 ROBERTO CASTELAO		VT1M- 122	00:37:55	00:06:51	00:37:20	00:06:45	00:21:19		CORUÑA
645	449 ADRIÁN HERNÁNDEZ ESCALANTE		SNM- 136	00:38:01	00:06:53	00:37:29	00:06:47	00:22:57		A CORUÑA
646	720 MARÍA JOSÉ LOIS RÚA	F- 148	VT3F- 15	00:38:02	00:06:53	00:37:30	00:06:47	00:22:25		PERILLO
647	648 JAVIER NOGUEIRA DIEZ		VT1M- 123	00:38:02	00:06:53	00:37:26	00:06:46	00:22:11		A CORUÑA
648	511 HELENA FERNÁNDEZ PÉREZ	F- 149	SNF- 39	00:39:01	00:07:03	00:38:19	00:06:56	00:23:27	TERMARIA RUNNING	A CORUÑA
649	729 TERESA SUÁREZ CAYERO	F- 150	VT2F- 55	00:39:03	00:07:04	00:38:28	00:06:57	00:23:17		A CORUÑA
650	740 VANESSA ALVAREZ CUBILLAS	F- 151	VT1F- 32	00:39:51	00:07:12	00:39:19	00:07:07	00:23:34		A CORUÑA
651	724 BELEN GARCIA MORALES	F- 152	VT2F- 56	00:39:51	00:07:12	00:39:22	00:07:07	00:23:34		A CORUÑA
652	30 JAVIER LOPEZ MARTIN		VT3M- 75	00:39:51	00:07:12	00:39:04	00:07:04	00:23:32	ATLETISMO CLUB SOCIAL BANCO PASTOR	LA CORUÑA
653	521 CARMEN UZAL JANEIRO	F- 153	VT3F- 16	00:39:51	00:07:12	00:39:04	00:07:04	00:23:32		A CORUÑA
654	747 BEATRIZ RODRIGUEZ SERRANO	F- 154	SNF- 40	00:40:13	00:07:16	00:39:50	00:07:12	00:23:51		A CORUÑA
655	586 PAULA AVENDAÑO PÉREZ	F- 155	SNF- 41	00:40:14	00:07:17	00:39:51	00:07:12	00:23:49		FERROL
656	299 ÁNGEL HERMIDA OTERO		VT2M- 144	00:40:28	00:07:19	00:39:51	00:07:12	00:23:33		CULLEREDO
657	955 ADRIANA CORREA CAMPOS	F- 156	VT1F- 33	00:40:28	00:07:19	00:39:51	00:07:12	00:23:34		A CORUÑA
658	619 JOAQUÍN DÍAZ REDONDO		VT3M- 76	00:41:13	00:07:27	00:40:56	00:07:24	00:25:07	NOSPORTLIMIT	A CORUÑA
659	716 BELEN CARRERA IGLESIAS	F- 157	VT2F- 57	00:41:13	00:07:27	00:40:56	00:07:24	00:25:07	NOSPORTLIMIT	LA CORUNA
660	736 PATRICIA FERNÁNDEZ SOILÁN	F- 158	VT1F- 34	00:41:29	00:07:30	00:40:45	00:07:22	00:24:07		A CORUÑA
661	746 ANA MARÍA MOREIRAS LORENZO	F- 159	SNF- 42	00:41:34	00:07:31	00:40:51	00:07:23	00:25:08		A CORUÑA
662	564 LAURA FERNANDEZ RODRIGUEZ	F- 160	VT1F- 35	00:41:36	00:07:31	00:40:55	00:07:24	00:24:31		CAMBRE
663	702 BEGOÑA RODRIGUEZ OTERO	F- 161	VT2F- 58	00:41:47	00:07:33	00:41:26	00:07:30	00:24:29	ARCADIA RUNNING CLUB	LA CORUÑA
664	559 MAJO HURTADO IGLESIAS	F- 162	VT1F- 36	00:41:47	00:07:33	00:41:27	00:07:30	00:24:27		A CORUÑA
665	533 MARGARITA PEREZ VEIGA	F- 163	VT2F- 59	00:46:40	00:08:26	00:46:10	00:08:21	00:28:09		A CORUÑA
Desc	670 JAIME PRADO COSTOYA		SNM-Desc	00:35:26	00:06:24	00:34:59	00:06:20	00:20:57		A CORUÑA
Desc	264 DAMIAN ABELLAN YEPES		VT2M-Desc	00:24:16	00:04:24	00:24:07	00:04:22	00:14:23		A CORUÑA

**VII CARREIRA POPULAR NOVO MESOIRO MEMORIAL IVAN ROCHA FREIRE, A Coruña 05/11/2017**

Sub 18 - Sub 16. Distancia: 2.325 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	Licencia	Club	Localidad
1	1169	DAVID FERNÁNDEZ ARGUL		SUB18M- 1	00:07:45	00:03:20		CLUB MARINEDA ATLETICO	A CORUÑA
2	1172	DIEGO VALCARCE RÍOS		SUB18M- 2	00:07:48	00:03:21		CLUB MARINEDA ATLETICO	CORUÑA
3	1171	JACOBO VARELA HORTAS		SUB18M- 3	00:08:18	00:03:34		CLUB MARINEDA ATLETICO	CARBALLO
4	1167	IVAN MAROÑO PASCALIN		SUB16M- 1	00:08:19	00:03:35		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
5	1180	HUGO VÁZQUEZ PÉREZ		SUB16M- 2	00:08:26	00:03:38			A CORUÑA
6	1165	JAVIER GALÁN MÉNDEZ		SUB16M- 3	00:08:34	00:03:41	AG2018639	CLUB ATLETISMO SADA	A CORUÑA
7	1162	MARIO GARCÍA PAPIN		SUB16M- 4	00:08:40	00:03:44	AG 766131	CLUB ATLETISMO SADA	CAMBRE
8	1324	ANDREA LÓPEZ LÓPEZ	F- 1	SUB16F- 1	00:08:42	00:03:45		CLUB NATACIÓN CEDEIRA	CEDEIRA
9	1176	PAULO FERNÁNDEZ MARTÍNEZ		SUB16M- 5	00:08:59	00:03:52		CLUB MARINEDA ATLETICO	A CORUÑA
10	1170	LUIS GONZÁLEZ CASTRO		SUB18M- 4	00:09:00	00:03:52		CLUB MARINEDA ATLETICO	LA CORUÑA
11	1160	GUILLERMO SÁNCHEZ RUIZ		SUB16M- 6	00:09:02	00:03:53		ATLETISMO RIAZOR CORUÑA	LA CORUÑA
12	1182	ÓSCAR NÚÑEZ MAYO		SUB16M- 7	00:09:04	00:03:54			A CORUÑA
13	1157	ALEJANDRO RUBIN KUSANO		SUB18M- 5	00:09:07	00:03:56		ATLETISMO CORUÑA COMARCA	LA CORUÑA
14	1173	PABLO OCAMPO GARCIA		SUB18M- 6	00:09:13	00:03:58		CLUB MARINEDA ATLETICO	LA CORUÑA
15	1175	ALEJANDRO PENA RODRIGUEZ		SUB16M- 8	00:09:16	00:03:59		CLUB MARINEDA ATLETICO	A CORUÑA
16	1319	SARA PRIETO LOPEZ	F- 2	SUB18F- 1	00:09:17	00:04:00		CLUB MARINEDA ATLETICO	LA CORUÑA
17	1322	LUCÍA NISTAL PALACIOS	F- 3	SUB16F- 2	00:09:31	00:04:06		CLUB MARINEDA ATLETICO	LA CORUÑA
18	1312	SILVIA DEVESA FERNÁNDEZ	F- 4	SUB18F- 2	00:09:34	00:04:07		ATLETISMO RIAZOR	A CORUÑA
19	1316	LUCÍA ACEBRÁS SUÁREZ	F- 5	SUB16F- 3	00:09:40	00:04:10		CLUB ATLETISMO SADA	PERILLO
20	1325	LUCÍA LOPEZ FERNÁNDEZ	F- 6	SUB18F- 3	00:09:41	00:04:10			A CORUÑA
21	1321	NOA MIRANTES SANTOS	F- 7	SUB16F- 4	00:09:54	00:04:16		CLUB MARINEDA ATLETICO	A CORUÑA
22	1320	LUCÍA VÁZQUEZ HERMIDA	F- 8	SUB16F- 5	00:10:02	00:04:19		CLUB MARINEDA ATLETICO	A CORUÑA
23	1181	ABEL BODELÓN SANTAMARÍA		SUB16M- 9	00:10:27	00:04:30			A CORUÑA
24	1317	ANE FERNANDEZ-PEITEADO ECHEVERRIA	F- 9	SUB16F- 6	00:10:52	00:04:41		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
25	1174	MARCO PÉREZ GONZÁLEZ		SUB16M- 10	00:10:55	00:04:42		CLUB MARINEDA ATLETICO	BERGONDO
26	1318	BELÉN VEIGA	F- 10	SUB18F- 4	00:10:57	00:04:43		CLUB MARINEDA ATLETICO	LA CORUÑA
27	1327	MARTA GARCIA MARTINEZ	F- 11	SUB18F- 5	00:10:58	00:04:43			OLEIROS
28	1323	IRENE LOPEZ BELLO	F- 12	SUB16F- 7	00:11:03	00:04:45		CLUB MARINEDA ATLETICO	A CORUÑA
29	1313	MARTA VILAS MARTÍNEZ	F- 13	SUB18F- 6	00:11:08	00:04:48	AG128088	ATLETISMO RIAZOR CORUÑA	A CORUÑA

## VII CARREIRA POPULAR NOVO MESOIRO MEMORIAL IVAN ROCHA FREIRE, A Coruña 05/11/2017

Sub 14. Distancia: 1.600 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	PC1	PasoMeta1	PC2	Licencia	Club	Localidad
1	1139	IGNACIO MAROÑO PASCALIN		SUB14M- 1	00:05:54	00:03:41	0:01:25	0:02:58	0:04:31		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
2	1130	SERGIO SOTO MANTEIGA		SUB14M- 2	00:06:00	00:03:45	0:01:26	0:02:59	0:04:34	AG2019611	ATLETISMO NARON	CAMBRE
3	1149	MARTÍN PÉREZ LOIS		SUB14M- 3	00:06:15	00:03:55	0:01:26	0:03:01	0:04:41		RUNNING OLEIROS	A CORUÑA
4	1132	MARTIN MACIEL MONTERO		SUB14M- 4	00:06:22	00:03:59	0:01:32	0:03:12	0:04:50		ATLETISMO RIAZOR CORUÑA	CULLEREDO
5	1278	SOFÍA GÓMEZ RODRÍGUEZ	F- 1	SUB14F- 1	00:06:25	00:04:01	0:01:28	0:03:08	0:04:51		ATLETISMO RIAZOR CORUÑA	A CORUÑA
6	1146	JORGE VAZQUEZ PEREZ		SUB14M- 5	00:06:25	00:04:01	0:01:25	0:03:00	0:04:49		MARINEDA ATLETICO	CORUÑA
7	1293	MARÍA FILGUEIRAS BARCENILLA	F- 2	SUB14F- 2	00:06:28	00:04:03	0:01:28	0:03:11	0:04:52		CLUB ATLETISMO SADA	MIÑO
8	1134	MATEO ZAPATA ESMORIS		SUB14M- 6	00:06:32	00:04:05	0:01:30	0:03:09	0:04:43		CLUB ATLETISMO SADA	SADA
9	1137	DARIO AMBITE SANTANA		SUB14M- 7	00:06:32	00:04:05	0:01:27	0:03:04	0:04:52		CLUB ATLETISMO SADA	CAMBRE
10	1151	NICOLÁS FIGUEROA CARRIL		SUB14M- 8	00:06:43	00:04:12	0:01:32	0:03:14	0:05:05			ARTEIXO
11	1280	INES VÁZQUEZ SÁNCHEZ	F- 3	SUB14F- 3	00:06:48	00:04:15	0:01:30	0:03:14	0:05:09		CLUB ATLETISMO SADA	CULLEREDO
12	1133	RUBÉN RASCADO VIÑA		SUB14M- 9	00:06:52	00:04:18	0:01:27	0:03:13	0:05:10		CLUB ATLETISMO SADA	A CORUÑA
13	1294	CARLOTA RUBIO LOPEZ	F- 4	SUB14F- 4	00:06:52	00:04:18	0:01:27	0:03:11	0:05:12		CLUB COMPAÑÍA DE MARÍA	LA CORUÑA
14	1144	BRAIS HERNÁNDEZ JUNCO		SUB14M- 10	00:06:54	00:04:19	0:01:30	0:03:10	0:05:10		CLUB MARINEDA ATLETICO	A CORUÑA
15	1283	CLAUDIA VARELA LOURIDO	F- 5	SUB14F- 5	00:06:56	00:04:20	0:01:29	0:03:13	0:05:15		CLUB ATLETISMO SADA	SADA
16	1281	HELENA FERNÁNDEZ GARCÍA	F- 6	SUB14F- 6	00:06:57	00:04:21	0:01:28	0:03:13	0:05:16		CLUB ATLETISMO SADA	A CORUÑA
17	1277	CLAUDIA ELISA DELGADO LÓPEZ	F- 7	SUB14F- 7	00:06:58	00:04:22	0:01:28	0:03:11	0:05:14		ATLETISMO CORUÑA COMARCA	LA CORUÑA
18	1135	RODRIGO GARCÍA DIEGUEZ		SUB14M- 11	00:06:59	00:04:22	0:01:32	0:03:14	0:05:16		CLUB ATLETISMO SADA	OLEIROS
19	1291	SUSANA AMOR CASTRO	F- 8	SUB14F- 8	00:07:02	00:04:24	0:01:28	0:03:11	0:05:09		CLUB ATLETISMO SADA	A CORUÑA
20	1290	CORINA MISGANECH BARDANCA TACON	F- 9	SUB14F- 9	00:07:04	00:04:25	0:01:36	0:03:22	0:05:19		CLUB ATLETISMO SADA	BERGONDO
21	1155	MATEO ROMERO SUAREZ		SUB14M- 12	00:07:05	00:04:26	0:01:34	0:03:22	0:05:20			LA CORUÑA
22	1279	JULIA TRILLO MOUZO	F- 10	SUB14F- 10	00:07:09	00:04:28	0:01:33	0:03:17	0:05:21		CLUB ATLETISMO SADA	OLEIROS
23	1138	UNAI COSTA MUÑIZ		SUB14M- 13	00:07:12	00:04:30	0:01:35	0:03:21	0:05:23		CLUB ATLETISMO SADA	VILABOA
24	1154	ISRAEL SANTANA FERNANDEZ		SUB14M- 14	00:07:16	00:04:33	0:01:28	0:03:13	0:05:11			EL TEMPLE
25	1145	YAGO CERNADAS COTELO		SUB14M- 15	00:07:18	00:04:34	0:01:44	0:03:35	0:05:30		CLUB MARINEDA ATLETICO	CULLEREDO
26	1152	ALVARO GARCIA FUENTES		SUB14M- 16	00:07:25	00:04:38	0:01:42	0:03:35	0:05:37			LA CORUÑA
27	1287	ALEJANDRA GÓMEZ PÉREZ	F- 11	SUB14F- 11	00:07:29	00:04:41	0:01:43	0:03:36	0:05:41		CLUB ATLETISMO SADA	A CORUÑA
28	1307	PAULA BELTRAN MAQUEZ	F- 12	SUB14F- 12	00:07:33	00:04:43	0:01:41	0:03:32	0:05:40			BERGONDO
29	1298	LAURA CUIÑA FERNÁNDEZ	F- 13	SUB14F- 13	00:07:38	00:04:47	0:01:43	0:03:39	0:05:44		CLUB MARINEDA ATLETICO	A CORUÑA
30	1306	ANA GARCÍA MARTÍNEZ	F- 14	SUB14F- 14	00:07:44	00:04:50	0:01:41	0:03:35	0:05:45			OLEIROS
31	1299	PAULA RODRÍGUEZ FERNÁNDEZ	F- 15	SUB14F- 15	00:07:46	00:04:51	0:01:43	0:03:42	0:05:49		CLUB MARINEDA ATLETICO	A CORUÑA
32	1147	DIEGO PIÑEIRO CASTIÑEIRA		SUB14M- 17	00:07:52	00:04:55	0:01:45	0:03:50	0:05:55		MARINEDA ATLETICO	A CORUÑA
33	1285	NORA KHIDROUN MELENDREZ	F- 16	SUB14F- 16	00:07:55	00:04:57	0:01:43	0:03:37	0:05:49		CLUB ATLETISMO SADA	OLEIROS
34	1295	SARA SANGUINO MÍGUEZ	F- 17	SUB14F- 17	00:07:57	00:04:58	0:01:46	0:03:41	0:05:53		CLUB MARINEDA ATLETICO	A CORUÑA
35	1142	SAMUEL SUMAY MIGUEZ		SUB14M- 18	00:07:59	00:04:59	0:01:48	0:03:50	0:05:54		CLUB MARINEDA ATLETICO	A CORUÑA
36	1300	ANDREA CAINZOS GARCIA	F- 18	SUB14F- 18	00:08:14	00:05:09	0:01:41	0:03:44	0:05:56		CLUB MARINEDA ATLETICO	LA CORUÑA
37	1302	EMMA SUMAY MIGUEZ	F- 19	SUB14F- 19	00:08:18	00:05:12	0:01:51	0:04:00	0:06:13		CLUB MARINEDA ATLETICO	A CORUÑA
38	1308	ALBA DÍAZ LEIRO	F- 20	SUB14F- 20	00:09:01	00:05:38	0:01:46	0:03:56	0:06:29			A CORUÑA
39	1131	JUAN DANIEL GRANDAL JOHN		SUB14M- 19	00:09:12	00:05:45	0:01:56	0:04:13	0:06:56		ATLETISMO NARON	NARON



## VII CARREIRA POPULAR NOVO MESOIRO MEMORIAL IVAN ROCHA FREIRE, A Coruña 05/11/2017

Sub 12 Femenino. Distancia: 800 m

PtoCat	Dorsal	Nombre	T_Final	RitmoKm	P. Contram	Licencia	Club	Localidad
1	1234	CELIA FERNÁNDEZ BOUZA	00:03:00	00:03:45	0:01:29		ATLETISMO RIAZOR CORUÑA	OZA
2	1244	PAULA VÁZQUEZ HERMIDA	00:03:00	00:03:45	0:01:23		CLUB MARINEDA ATLETICO	A CORUÑA
3	1245	CARLOTA FONTENLA PÉREZ	00:03:04	00:03:50	0:01:23		CLUB MARINEDA ATLETICO	CAMBRE
4	1233	ALBA PENA SOTO	00:03:08	00:03:55	0:01:31		ATLETISMO NARON	FERROL
5	1248	CELIA PUENTE GONZÁLEZ	00:03:14	00:04:02	0:01:30		CLUB MARINEDA ATLETICO	A CORUÑA
6	1236	ADRIANA GAGO CEBRIAN	00:03:16	00:04:04	0:01:28		CLUB ATLETISMO RIAZOR	LA CORUÑA
7	1240	LUCÍA ÁLVAREZ GAURINÁN	00:03:16	00:04:05	0:01:38		CLUB ATLETISMO SADA	PERILLO
8	1232	ICIA ARES BETANZOS	00:03:20	00:04:10	0:01:34		ATLETICA A SILVA	A CORUÑA
9	1267	MARÍA CAMBA VÁZQUEZ	00:03:24	00:04:15	0:01:38			CULLEREDO
10	1246	CRISTINA MATO DÍAZ	00:03:27	00:04:19	0:01:36		CLUB MARINEDA ATLETICO	LA CORUÑA
11	1247	MARIÑA NISTAL PALACIOS	00:03:28	00:04:20	0:01:38		CLUB MARINEDA ATLETICO	LA CORUÑA
12	1251	CARME LOPEZ LÓPEZ	00:03:30	00:04:22	0:01:41		CLUB NATACIÓN CEDEIRA	CEDEIRA
13	1242	MARIA MENÉNDEZ LOURO	00:03:31	00:04:24	0:01:39		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
14	1239	OLIMPIA GARCÍA DIEGUEZ	00:03:32	00:04:24	0:01:40		CLUB ATLETISMO SADA	A CORUÑA
15	1235	ANTIA ARNOSO GAMALLO	00:03:35	00:04:29	0:01:37		CLUB ATLETISMO AFFLELOU NARÓN	NEDA
16	1249	IRENE SERANTES RODRIGUEZ	00:03:38	00:04:32	0:01:41		CLUB MARINEDA ATLETICO	A CORUÑA
17	1241	JIMENA BALDÓ COMELLAS	00:03:39	00:04:34	0:01:41		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
18	1252	ENYA SANCHEZ MUÑOZ	00:03:42	00:04:37	0:01:41		CORUÑA COMARCA	A CORUÑA
19	1250	SUEVIA CASAL GONZÁLEZ	00:03:44	00:04:39	0:01:42		CLUB MARINEDA ATLETICO	CULLEREDO
20	1255	RAQUEL DE SANTIAGO GRUEIRO	00:03:45	00:04:41	0:01:42		RUNNING OLEIROS	OLEIROS
21	1265	GABRIELA LOPEZ LOPEZ	00:03:50	00:04:47	0:01:40			CORUÑA
22	1269	MARTINA FARIÑA DEL RIO	00:03:50	00:04:47	0:01:43			A CORUÑA
23	1254	PAULA PETEIRO VAZQUEZ	00:03:53	00:04:51	0:01:45		RUNNING OLEIROS	ARANGA
24	1260	NATALIA MENÉNDEZ MIRANDA	00:03:59	00:04:59	0:01:41			LA CORUÑA
25	1275	PAULA PAZOS PAZOS	00:04:02	00:05:03	0:01:46			A CORUÑA
26	1274	ALEJANDRA RODRÍGUEZ CANO	00:04:04	00:05:05	0:01:56			CAMBRE
27	1257	JIMENA AREA PEREZ	00:04:05	00:05:06	0:01:44			A CORUÑA
28	1256	AROA DAPORTA AMADO	00:04:39	00:05:48	0:02:02			A CORUÑA
29	1273	ANTIA CIVES PARÍS	00:04:52	00:06:05	0:02:05			A CORUÑA
30	1266	GABRIELLA GRILLE CASTELO	00:04:55	00:06:08	0:02:02			A CORUÑA
31	1238	MARTA GANDARAS	00:04:59	00:06:14	0:02:00		CLUB ATLETISMO SADA	ZAS
32	1268	ELENA AMIGO TAIBO	00:05:00	00:06:15	0:01:54			A CORUÑA
33	1262	MARA NUÑEZ SANCHEZ	00:05:03	00:06:18	0:02:01			A CORUÑA
34	1276	ANDREA SOUTO VAZQUEZ	00:05:10	00:06:27	0:02:06			A CORUÑA

## VII CARREIRA POPULAR NOVO MESOIRO MEMORIAL IVAN ROCHA FREIRE, A Coruña 05/11/2017

Sub 12 Masculino. Distancia: 800 m

PtoCat	Dorsal	Nombre	T_Final	RitmoKm	P. Contram	Licencia	Club	Localidad
1	1075	DANIEL SALGUEIRO UCEIRA	00:02:45	00:03:26	0:01:19		ATLETISMO CORUÑA COMARCA	A CORUÑA
2	1092	GONZALO DÍAZ-C.C.	00:02:50	00:03:33	0:01:22		CLUB COMPAÑÍA DE MARÍA	LA CORUÑA
3	1080	IKER LAVANDEIRA RODRIGUEZ	00:02:51	00:03:34	0:01:22		ATLETISMO CORUÑA COMARCA	A CORUÑA
4	1089	IAGO PRADA MAROÑO	00:02:52	00:03:35	0:01:25		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
5	1090	DAVID FIGUEROA GEIJO	00:02:54	00:03:38	0:01:24		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
6	1074	MANUEL SOUTO RAMOS	00:02:58	00:03:42	0:01:24		A D FOGAR	CARRAL
7	1099	JAVIER PICOS GALCERAN	00:03:03	00:03:49	0:01:29		CLUB MARINEDA ATLETICO	CULLEREDO
8	1077	MANUEL VIGO MARTÍNEZ	00:03:05	00:03:51	0:01:27		ATLETISMO CORUÑA COMARCA	LA CORUÑA
9	1097	MARTIN BAZAN COBELO	00:03:06	00:03:52	0:01:31		CLUB MARINEDA ATLETICO	LA CORUÑA
10	1079	PAULO RIVAS TORRES	00:03:13	00:04:01	0:01:36		ATLETISMO CORUÑA COMARCA	A CORUÑA
11	1095	DAVID PÉREZ LONGUEIRA	00:03:14	00:04:02	0:01:35		CLUB MARINEDA ATLETICO	CAMBRE
12	1096	LUCAS HUERTAS GANDOY	00:03:16	00:04:04	0:01:31		CLUB MARINEDA ATLETICO	A CORUÑA
13	1125	DAVID HERNANDO ALVARIÑAS	00:03:16	00:04:05	0:01:38			A CORUÑA
14	1121	DANIEL ISASI FERNÁNDEZ	00:03:19	00:04:08	0:01:35			A CORUÑA
15	1114	MARCOS ARIAS LOPEZ	00:03:23	00:04:14	0:01:37			A CORUÑA
16	1108	PABLO RUMBO FERNANDEZ	00:03:29	00:04:21	0:01:41			A CORUÑA
17	1118	DIEGO MORAN LOPEZ	00:03:30	00:04:23	0:01:43			CORUÑA
18	1091	IÑIGO FERNANDEZ-P.E.	00:03:31	00:04:24	0:01:47		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
19	1100	OBI AMEIJENDA CAPEANS	00:03:32	00:04:25	0:01:39		CLUB MARINEDA ATLETICO	A CORUÑA
20	1116	MATEO RAMOS ANTELO	00:03:33	00:04:27	0:01:39			A CORUÑA
21	1126	ADRIÁN SÁNCHEZ MACEIRAS	00:03:35	00:04:29	0:01:41			A CORUÑA
22	1078	MARTIN TOJEIRO RAMOS	00:03:38	00:04:32	0:01:40		ATLETISMO CORUÑA COMARCA	A CORUÑA
23	1115	MARCO RAMOS ANTELO	00:03:39	00:04:34	0:01:42			A CORUÑA
24	1123	XABI ALONSO GARCÍA	00:03:40	00:04:35	0:01:41			A CORUÑA
25	1113	XOEL CARRO CAAMAÑO	00:03:50	00:04:47	0:01:49			A CORUÑA
26	1103	SERGIO VAZQUEZ FERREIRO	00:03:50	00:04:48	0:01:51		ZAPATILLA VELOZ	A CORUÑA
27	1119	HUGO BELLO CASÁS	00:03:55	00:04:54	0:01:51			LA CORUÑA
28	1111	ÁLVARO NUÑEZ MAYO	00:03:55	00:04:54	0:01:51			A CORUÑA
29	1120	MIGUEL GONZÁLEZ VEIRA	00:03:56	00:04:55	0:01:52			A CORUÑA
30	1085	BREOGÁN FERNÁNDEZ RODRÍGUEZ	00:04:00	00:05:00	0:02:01		CLUB ATLETISMO ARTEIXO	ARTEIXO
31	1087	DANIEL AMBITE SANTANA	00:04:02	00:05:03	0:02:00		CLUB ATLETISMO SADA	CAMBRE
32	1109	XIAO RUBIDO PEREZ	00:04:07	00:05:08	0:02:01			A CORUÑA
33	1082	MIGUEL VAQUERO MONDELO	00:04:13	00:05:16	0:01:54		ATLETISMO RIAZOR CORUÑA	A CORUÑA
34	1106	LUCAS SÁNCHEZ LAGE	00:04:20	00:05:25	0:02:02			A CORUÑA
35	1117	SALVADOR OTERO CASTRO	00:04:45	00:05:56	0:01:41			A CORUÑA
36	1081	JUÁN JOSÉ PEREIRA RODRÍGUEZ	00:05:30	00:06:52	0:02:29		ATLETISMO NOVO MESOIRO - A CORUÑA	A CORUÑA

## VII CARREIRA POPULAR NOVO MESOIRO MEMORIAL IVAN ROCHA FREIRE, A Coruña 05/11/2017

Sub 10 Femenino. Distancia: 800 m

PtoCat	Dorsal	Nombre	T_Final	RitmoKm	P. Contram	Licencia	Club	Localidad
1	1189	ALBA MORALES PEDREIRA	00:03:25	00:04:16	0:01:30		CLUB MARINEDA ATLETICO	CARRAL
2	1186	NOA ARDAO GALEGO	00:03:35	00:04:29	0:01:37		CLUB ATLETISMO AFFLELOU NARÓN	NARON
3	1229	UXIA FARIÑA PENELAS	00:03:45	00:04:42	0:01:43			CAMBRE
4	1187	CLAUDIA RUBIO LOPEZ	00:03:53	00:04:51	0:01:43		CLUB COMPAÑÍA DE MARÍA	LA CORUÑA
5	1188	MARTA LOPEZ BELLO	00:03:55	00:04:53	0:01:42		CLUB MARINEDA ATLETICO	A CORUÑA
6	1203	CARMEN CUBA LÓPEZ	00:03:56	00:04:54	0:01:42			A CORUÑA
7	1197	ANDREA BELTRAN MAQUEZ	00:03:57	00:04:56	0:01:54			A CORUÑA
8	1184	JIMENA GAGO CEBRIAN	00:04:04	00:05:05	0:01:43		ATLETISMO RIAZOR CORUÑA	LA CORUÑA
9	1200	IRIA VARELA GESTAL	00:04:06	00:05:07	0:01:46			A CORUÑA
10	1208	GEMA SOMOZA PENA	00:04:06	00:05:08	0:01:44			A CORUÑA
11	1210	MENCIA TABOADA IGLESIAS	00:04:10	00:05:12	0:01:50			CORUÑA
12	1207	CLAUDIA SOMOZA PENA	00:04:16	00:05:20	0:01:53			A CORUÑA
13	1195	AFRICA MUIÑO ROMERO	00:04:20	00:05:25	0:01:54			A CORUÑA
14	1205	SOPHIA NAVEIRA MÉNDEZ	00:04:22	00:05:27	0:02:00			LA CORUÑA
15	1220	AROA DÁZ LEIRO	00:04:25	00:05:31	0:01:57			A CORUÑA
16	1225	ADELA COUCEIRO GARCÍA	00:04:27	00:05:34	0:02:03			A CORUÑA
17	1190	EVA CASTRO Balsa	00:04:34	00:05:42	0:02:00		OS SIMPÁTICOS	OLEIROS
18	1227	KENIA SANTANA FERNANDEZ	00:04:35	00:05:43	0:02:04			CAMBRE
19	1218	SARAH SANTANA PIÑEIRO	00:04:38	00:05:47	0:02:05			A CORUÑA
20	1185	ALICIA VAQUERO MONDELO	00:04:42	00:05:52	0:01:57		ATLETISMO RIAZOR CORUÑA	A CORUÑA
21	1202	ANTÍA PLATAS CORREDOIRA	00:04:51	00:06:03	0:02:11			A CORUÑA
22	1231	LUCÍA ISASI FERNÁNDEZ	00:04:58	00:06:13	0:02:04			A CORUÑA
23	1211	TRIANA REYES PAN	00:04:59	00:06:14	0:02:04			A CORUÑA
24	1206	IRIA VÁZQUEZ ESPANTOSO	00:05:01	00:06:16	0:02:16			A CORUÑA
25	1204	AROA CORTES LAVANDEIRA	00:05:02	00:06:18	0:02:12			A CORUÑA
26	1213	NOA TRILLO BARRAL	00:05:04	00:06:20	0:02:12			A CORUÑA
27	1214	ROCIO MENDEZ BOTANA	00:05:06	00:06:23	0:02:03			A CORUÑA
28	1224	SABELA NOVO PALEO	00:05:09	00:06:26	0:02:14			A CORUÑA
29	1216	SARA GARCIA ORIZALES	00:05:19	00:06:38	0:02:18			CORUÑA
30	1198	PAULA DEL RIO RABUÑAL	00:05:26	00:06:48	0:02:10			A CORUÑA
31	1221	SOFIA MANRUBIA CASTRO	00:05:29	00:06:51	0:02:14			A CORUÑA
32	1191	EVA RUBIDO PEREZ	00:05:33	00:06:57	0:02:27			A CVORUÑA
33	1223	ADRIANA CERNADAS CASAS	00:05:41	00:07:06	0:02:28			MESOIRO
34	1215	LUCÍA NUÑEZ MEJUTO	00:05:47	00:07:14	0:02:29			NOVO MESOIRO
35	1226	NOA SÁNCHEZ MACEIRAS	00:05:50	00:07:17	0:02:08			A CORUÑA

## VII CARREIRA POPULAR NOVO MESOIRO MEMORIAL IVAN ROCHA FREIRE, A Coruña 05/11/2017

Sub 10 Masculino. Distancia: 800 m

PtoCat	Dorsal	Nombre	T_Final	RitmoKm	P. Contram	Licencia	Club	Localidad
1	1011	LEO SÁNCHEZ MUÑOZ	00:03:08	00:03:55	0:01:29		CORUÑA COMARCA	A CORUÑA
2	1005	HUGO RUBIO LOPEZ	00:03:15	00:04:03	0:01:33		CLUB COMPAÑÍA DE MARÍA	LA CORUÑA
3	1024	ISMA GARCIA PAIS	00:03:20	00:04:10	0:01:37			A CORUÑA
4	1008	MAURO SEGUÍN GARCÍA	00:03:25	00:04:16	0:01:38		CLUB MARINEDA ATLETICO	CULLEREDO
5	1006	LUCAS PRADA MAROÑO	00:03:29	00:04:22	0:01:41		CLUB COMPAÑÍA DE MARÍA	A CORUÑA
6	1010	XAQUIM CASAL GONZÁLEZ	00:03:32	00:04:25	0:01:35		CLUB MARINEDA ATLETICO	CULLEREDO
7	1058	ALEXIS MARTINES BLANCO	00:03:37	00:04:31	0:01:37			CULLEREDO
8	1052	XABI CAMBA VÁZQUEZ	00:03:37	00:04:32	0:01:43			CULLEREDO
9	1029	PABLO ANIDO FARALDO	00:03:39	00:04:33	0:01:46			LA CORUÑA
10	1002	ADRIAN PAZ CELEIRO	00:03:40	00:04:35	0:01:44		ATLETISMO RIAZOR CORUÑA	A CORUÑA
11	1043	MAURO TABOADA IGLESIAS	00:03:41	00:04:36	0:01:43			CORUÑA
12	1013	PABLO PÉREZ LOIS	00:03:43	00:04:39	0:01:45		RUNNING OLEIROS	A CORUÑA
13	1027	SAMBA WADE MAHIA	00:03:44	00:04:39	0:01:47			ARTEIXO
14	1072	TEO GÓMEZ MEIJIDE	00:03:47	00:04:43	0:01:46			FONTECULLER
15	1021	HUGO DIAZ CAO	00:03:47	00:04:44	0:01:39			RIBADEO
16	1047	RAFAEL NISTAL PALACIOS	00:03:47	00:04:44	0:01:44			LA CORUÑA
17	1016	UXÍO GARCÍA IGLESIAS	00:03:48	00:04:45	0:01:46			A CORUÑA
18	1004	DIEGO AMBITE SANTANA	00:03:50	00:04:47	0:01:51		CLUB ATLETISMO SADA	OLEIROS
19	1014	IAGO VAZQUEZ ALVAREZ	00:03:50	00:04:48	0:01:40			FONTECULLER
20	1071	XAVI VAZQUEZ ALVAREZ	00:03:55	00:04:53	0:01:51			FONTECULLER
21	1025	IVAN GARCÍA SUAREZ	00:03:56	00:04:55	0:01:46			LA CORUÑA
22	1042	ANXO CARRO CAAMAÑO	00:03:58	00:04:57	0:01:47			A CORUÑA
23	1019	ANXO CASTRO SANCHEZ	00:04:00	00:05:00	0:01:45			A CORUÑA
24	1007	MARTIN NOYA MARTINEZ	00:04:02	00:05:03	0:01:56		CLUB MARINEDA ATLETICO	A CORUÑA
25	1063	MAURO LAGO MARTINEZ	00:04:02	00:05:03	0:01:51			A CORUÑA
26	1337	DANIEL FREIRE RAMOS	00:04:03	00:05:04	0:01:52			A CORUÑA
27	1069	MANUEL LOSADA SALGADO	00:04:04	00:05:05	0:01:51			A CORUÑA
28	1051	LUCAS LOPEZ CASTIÑEIRA	00:04:05	00:05:06	0:01:44			A CORUÑA
29	1039	HÉCTOR LÓPEZ AGUIAR	00:04:05	00:05:06	0:01:51			CORUÑA
30	1054	JORGE INSUA GÓMEZ	00:04:05	00:05:06	0:01:51			A CORUÑA
31	1023	DANIEL DOMÍNGUEZ SEOANE	00:04:05	00:05:07	0:01:52			A CORUÑA
32	1062	MARCOS VEIGA GONZALEZ	00:04:07	00:05:08	0:01:54			CAMBRE
33	1060	IKER FARIÑA SALAZAR	00:04:07	00:05:09	0:01:55			A CORUÑA
34	1061	HUGO LÓPEZ PEDRIDO	00:04:09	00:05:11	0:01:51			A CORUÑA
35	1050	SAMUEL BOEDO PENA	00:04:11	00:05:13	0:01:57			A CORUÑA
36	1040	GABRIEL BREA FANDIÑO	00:04:11	00:05:14	0:01:47			A CORUÑA

37	1034	MARIO CANOSA ROMERO	00:04:11	00:05:14	0:01:36	A CORUÑA
38	1037	MARTIN REGUEIRA VAZQUEZ	00:04:14	00:05:17	0:01:53	A CORUÑA
39	1053	AARON ALVES DAS NEVES	00:04:17	00:05:21	0:01:55	ARTEIXO
40	1009	JORGE ORDOÑEZ DOLDAN	00:04:18	00:05:23	0:01:56	CLUB MARINEDA ATLETICO
41	1045	SAMUEL BOUZADA VARELA	00:04:19	00:05:23	0:01:52	A CORUÑA
42	1032	NICOLAS SALGADO IGLESIAS	00:04:22	00:05:28	0:01:56	A CORUÑA
43	1073	MATEO NUÑEZ SANCHEZ	00:04:22	00:05:28	0:02:00	A CORUÑA
44	1057	DARÍO MENÉNDEZ MIRANDA	00:04:23	00:05:28	0:01:54	LA CORUÑA
45	1049	MARTÍN CÁRDENAS PAZ	00:04:24	00:05:30	0:01:55	A CORUÑA
46	1018	IVAN FREIRE ALVAREZ	00:04:26	00:05:32	0:02:04	CULLEREDO
47	1036	Gael MORENO FERNANDEZ	00:04:28	00:05:35	0:01:50	LA CORUÑA
48	1059	NUÑO GRILLE CASTELO	00:04:32	00:05:40	0:01:55	A CORUÑA
49	1066	IZAN NAHUEL LAGOA APONTE	00:04:35	00:05:43	0:02:10	LA CORUÑA
50	1070	MARTÍN HERNANDO ALVARIÑAS	00:04:35	00:05:44	0:01:59	A CORUÑA
51	1020	ISMAEL PEREZ PEREZ	00:04:36	00:05:45	0:01:53	A CORUÑA
52	1067	BRAIS MARTINEZ GONZALEZ	00:04:40	00:05:50	0:02:05	A CORUÑA
53	1035	SAUL VAZQUEZ IGLESIAS	00:04:45	00:05:56	0:02:06	A CORUÑA
54	1017	ANTÓN TERRÓN PÉREZ	00:04:45	00:05:56	0:02:08	A CORUÑA
55	1068	NUNO GARCÍA IGLESIAS	00:04:45	00:05:56	0:02:07	MESOIRO
56	1041	MIGUEL ÁLVAREZ SANTIAGO	00:04:49	00:06:02	0:02:10	A CORUÑA
57	1064	MARCOS MEIZOSO GALIANA	00:04:50	00:06:02	0:02:08	CORUÑA